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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 14, 2020

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Bring your own bike for a four-mile refuge tour

National Wildlife Day Activities At 'Ding' Darling

Take a free guided bike tour, play wildlife trivia games, watch a free film and take advantage of Refuge Nature Store specials during National photo provided

Wildlife Day at JN "Ding" Darling National Wildlife Refuge on Monday, February 24.

Bring your own bike and helmet to join the four-mile bike tour at 9 a.m. Win prizes in Wildlife Jeopardy for adults and Kids' Wildlife Trivia in the afternoon. A free showing of the Our Planet film Coastal Seas takes place at 2:45 p.m.

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Program On Notorious Villain, Captiva Loner

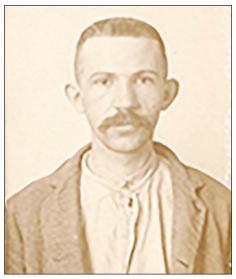
submitted by Molly Downing

n Tuesday, February 18, the Captiva Island Historical Society will present the forgotten, notorious life of Captiva loner Reimund "Black Bart" Holzhey (1866 to 1952) at the Captiva Civic Center on Tuesday, February 18 at 7 p.m.

His life attracted the attention of newspapers across the United States; even European newspapers wrote about him and his transformation from hardened criminal and prisoner, to photographer, writer and successful investor.

Holzhey, who came to Captiva Island around 1930, lived the last 20-plus years of his life in peace. Before that, he robbed stagecoaches and trains. In 1889, he was the most notorious villain in Wisconsin and Michigan. After killing a man in his last robbery, he was arrested and sentenced to life imprisonment.

It was in prison that he transformed his life. He turned into a model prisoner. He became the prison photographer,



Reimund "Black Bart" Holzhey

photo provided

librarian, writer and a successful investor. In 1913, he was pardoned and released.

For the first time, Holzhey's life story will be told on Captiva, the place where he died in 1952.

Professor Dr. Gabri van Tussenbroek, author and historian at the University of Amsterdam and the city of Amsterdam,

continued on page 39



Shell bagging

Preparations In Full Swing For Shell Festival

The 83nd Sanibel Shell Festival is coming March 7, 8 and 9 to The Community House and the preparations that make it an outstanding

photos provided

event are nearing completion.

Bouquets of flowers made from shells, curious looking critters, jewelry and many other types of shell art are receiving finishing touches from the artists who made them. Many are made by Sanibel Shell Crafters, who meet each Monday at The Community House. Approximately 50 individuals take part in this creative activity and come from Sanibel and



Shell sorters

Captiva as well as from other areas in Southwest Florida.

The "Shelling Bees" meet to sort donated shells that will be sold at the Shell Festival. There are many beautiful local shells for sale as well as shells from around the world at the festival.

Sanibel-Captiva Shell Club members

will be meeting to fill 2,300 bags of shells that will be given away at the festival to each person who gives a \$5 donation to enter the Shell Show inside The Community House. Those making the donation also receive a half-price admission to the Bailey-Matthews National

continued on page 32



Get Your Coastal Watch Bag At The Shell Festival

by Sam Lucas

oastal Watch's Bring Your Own Bag (BYOB) initiative is designed to reduce the use of disposable bags on the islands and educate locals and visitors about the harm plastic bags cause to the environment. Free reusable canvas bags are distributed at events and stores throughout the island. To date, over 20,000 bags have been distributed.

Coastal Watch has continued its partnership with Haitian company Deux mains. Deux mains produces ethical fashion collections and employs Haitian artisans to not only make something valuable for others, but a meaningful life for themselves. All raw materials for the bags were sourced in Haiti, crafted by local Haitian artisans, and were manufactured in a factory that is 100 percent solar powered.

This new round of bags will make their public debut at the 83rd annual Sanibel Shell Festival, to be held Thursday, Friday and Saturday, March 5 to 7 at The Community House. This event will feature shells, shell art, live mollusk tanks, crafts and books for sale, and judged artistic and scientific exhibits.

The Sanibel Shell Festival is the longest-running shell show in the United States. Last year's ribbon winners came from four different countries and 60 different cities throughout the United States. All profits from the Sanibel Shell Festival are distributed in the form of



Sanibel-Captiva Shell Club members Holly Dunn and Joyce Matthys displaying Sanibel Shell Festival T-shirts and Coastal Watch reusable canvas bags photo provided

grants or scholarships.

Coastal Watch would like to thank Bailey's General Store, Dan Hahn Custom Builders, Sanibel Captiva Community Bank, Sanibel-Captiva Conservation Foundation (SCCF), Sanibel Design Center, Sanibel Moorings, Sanibel Sea School, Sanibel Siesta, Soon Come, Inc., MacIntosh Books & Paper, Traders "T2", Sundial Beach Resort & Spa, and The Brooks Family for their sponsorship of the BYOB initiative.

Coastal Watch creates and implements conservation initiatives that promote and improve the future of marine resources and the coastal heritage. For more information, visit www.sancapcoastalwatch.org or email coastalwatch@sanibelseaschool.org.



Aquarium Exhibits Coming Soon To Shell Museum

The Bailey-Matthews National Shell Museum will unveil a major expansion next month, adding living animal aquariums to its world-renowned shell collection here in the shelling capital of the world.

The new experience sharpens the focus on mollusks, the live animals that create the stunning shells prized by beachgoers and collectors alike, telling the remarkable story behind the museum's displays of rare and record-breaking shells from around the world.

"Sanibel's remarkable beaches are actually the second-best places to find stunning shells," said Dorrie Hipschman, the museum's executive director. "Visitors should stop by the museum, too, because once they see these exhibits, they'll never again look at the beach the same way."

The expansion consists of 11 aquarium exhibits ranging in size from 100 to 900 gallons, and their residents include gastropods, octopuses, nudibranchs, giant clams and nautilus. Two 15-foot-long touch tanks let young visitors get their hands wet as they explore the world of mollusks, furthering the museum's educational efforts that

already reach thousands of schoolchildren each year.

Interactive interpretive exhibits will reveal fascinating hidden worlds behind these species. For instance, a giant Pacific octopus, typically 15 feet across, is a mollusk, too, related to scallops, oysters, snails and slugs – it's just seen its shell disappear over millions of years of evolution.

The museum also emphasizes the environmental dangers today facing the shell-builders, which are threatened by rising sea temperatures, habitat loss and overharvesting. Although there are more mollusks in the ocean than any other animal, many are endangered, going extinct faster than new species can be named. And as key parts of the ocean's food web, as mollusks decline, so will other marine species, such as whales and dolphins. The new expansion calls on visitors to learn how they can help.

"Conservation is hampered by a lack of awareness," said Hipschman. "It's hard to save animals when people don't know they exist. We're taking visitors who love shells and inspiring them to care deeply about the animals that make them, and that leads to the next step of wanting to protect them."

Museum marine scientists conduct research about local shelled animals, documenting new species and researching continued on page 7



Erosion has taken its toll on this Captiva beachfront home, circa 1967

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society

Looking Back: **Beach Erosion**

his circa 1967 photo shows where erosion has caused some of the piling on this Captiva beachfront home to be in the water. The brick foundation is also falling



The History Gallery, developed by the

Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the website at www. captivaislandhistoricalsociety.org/ archives/research to view many more images to bring you closer to Captiva.☆

Churches/Temples

ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch. org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA **CHAPEL BY THE SEA**

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf

Drive, 472-8684. SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way,

ST. ISABEL CATHOLIC CHURCH

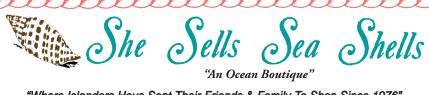
Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.



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What's Happening At The House

MONDAYS

10 am Shell Crafter Lesson Limited Seating

TUESDAYS & THURSDAYS

10 am & 11:15 am Sanibel Yoga

SAT. & SUN. FEBRUARY 15-16

9 am - 5 pm Rotary Art Show

MON. FEBRUARY 17

9:30 am Suzette Oil Painting 7 pm "So You Want To Talk About Race" by Ijeoma Oluo book discussion

TUES. FEBRUARY 18

9:30 am Letting Loose w/ Watercolor by Anita

FRI. FEBRUARY 21

10 am Pastel Art Class w/ Donna 5 pm Members Only Dinner & Dance

Payments online: www.sanibelcommunityhouse.net Shell Crafts, Local Honey & Product For Sale

For Full Schedule of ALL Happenings, visit www.SanibelCommunityHouse.net



(239) 472-2155

email info@sanibelcommunityhouse.net 2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization.

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Volunteers Dianna Andersen and Kathy Lansberry photos by Brian Johnson

Community Mobile Pack Feeds Youth

by Brian Johnson

The Sanibel Community Mobile Pack event galvanized an incredible number of volunteers – 935 in all – to produce meals for hungry children and families. The partnership with the organization Feed My Starving Children was led by Karen Lawrence and Dave Truelsen.

Volunteers received training in creating



Seventh grade students create meal packs

meal packs and spent two hours each putting the meals together. The volunteers, including students from The Sanibel School and members of the Rotary and Lions clubs, appeared en masse throughout this past Friday and Saturday at Sanibel Community Church.

at Sanibel Community Church.

"It was incredible," said Lawrence.

"Every single church on the island was represented... it was an amazing synergy."

Teams formed to make meals of rice, soybeans, powdered vitamins and minerals, and dehydrated vegetables. The food was placed in freezer bags and then placed in boxes, which will be shipped to the Caribbean and South America.

Truelsen has traveled to the areas

where to the food is distributed and witnessed the reactions of the children. "I've seen it firsthand, and seen their faces light up," he said. "It is such a different world we live in here on Sanibel, we are so blessed."

Lawrence and Truelsen launched Sanibel Community Mobile Pack last year and produced 148,000 meals. This year they made 210,000 meals. Lawrence said that approximately 6,200 children die per day around the world for lack of nutrition. The meals shipped from Sanibel may well help save numerous lives. Plans are already under way for next year's event and organizers hope to increase the amount of meals delivered.

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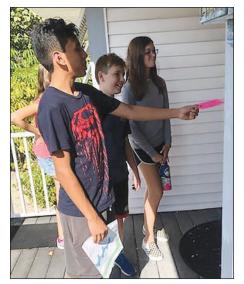
Shelves

New Designs Available at









From left, Othmane Martinez, David Baker and Lilly Noorlander hand out postcards for canned goods collection photos provided

Teens Take Part In Fast To Help Fight World Hunger

submitted by Jamie Senkeleski

20 Youth Group at Sanibel Community Church knows a hunger-free world begins with them. On January 2, 40 students and leaders came together to raise funds, to fast and to fight hunger. The 30-hour fast began at 10 a.m. and continued until 4 p.m. on January 3. The purpose was to raise awareness for world hunger and poverty,



From left, Brent Patton-Roark, Casey Sackman, Mara Lodwick, Karsten Schafer and Kristian Schafer ready to head out to their canned goods collection destination

and to help teens understand by firsthand experience what it feels like to be hungry.

By participating in the fast, we were challenging our teens to be a part of something bigger than themselves: to take action for God's kingdom; to help save the lives of hungry kids and to permanently change the way our students see the world. During the entire 30 hours, students fasted while participating in a canned goods collection, built, designed and painted sets for the upcoming spring musical and increased awareness about world hunger with a demonstration at Jerry's Market.

During the evening, students built a cardboard city for their sleeping place,

played games and passed the time with worship, prayer and devotions. Adam from Envision Miami was the guest speaker. He motivated, challenged and encouraged the teens to persevere through their hunger pangs.

through their hunger pangs.

The teens raised over \$3,100 to help fight hunger. The monies raised will be spilt between two groups: Envision Miami and Feed My Starving Children. For more information, contact Pastor Kevin at kevin@sanibelchurch.com.

H2O student ministry is a youth ministry program for young men and women in sixth through 12th grades. The group meets on Wednesday evenings from 5 to 7 p.m. for middle school students, 6 to 8 p.m. for high school students, and on Sunday mornings from 10:45 to 11:45 a.m. in the youth center at Sanibel Community Church, located at 1740 Periwinkle Way. All students on the island and surrounding communities are welcome to attend. For more information, contact Pastor Kevin at kevin@sanibelchurch.

From page 3

Shell Museum

and recording their lifespans, habitats and diet requirements. This science is critical because most major aquariums in the world have few invertebrates and don't contribute substantially to the knowledge of these critical species.

The expansion comes as the Bailey-Matthews National Shell Museum celebrates its 25th anniversary, having welcomed more than one million visitors to date. The nonprofit museum is an integral part of Sanibel Island, a curving Gulf of Mexico barrier island that's home to more than 400 species of shells. Sanibel is known worldwide for its efforts to protect that natural resource, and today local, county and state laws prohibit the taking of live animals in their shells.

"Sanibel is simply a unique place, and there's no other community in the world like this," said Hipschman. "Its residents truly care about these animals and are invested in their health, and our expansion honors that commitment."

For more information, visit www. shellmuseum.org or call 395-2233. Daily beach walks are always available and can be reserved by calling the museum.



Sanibel Gets Serious About Short-Term Rentals

by Wendy McMullen

wners of rental properties beware. A new code enforcement officer has been hired to check that homes and condos are being rented in accordance with city rules.

Concern has been growing among city council members about the possibility of the state banning cities from restricting rentals and the growth of multiple platforms for renting homes short term.

There was a time when almost all rentals on the island were done through licensed rental agencies abiding by the rules. Now Airbnb (Air Bed and Breakfast), VRBO (Vacation Rentals by Owner) and a myriad of other sites make it easy for homeowners to rent their properties for a day, a week or a month without necessarily following city regulations.

The minimum rental period for single-family homes on Sanibel, with a few exceptions, is one month. The minimum rental period for condominiums varies according to the condo association rules.

Resident Larry Schopp commented that he had moved from Captiva to Sanibel because of Sanibel's policies on short-term rentals of homes.

In order to counteract the growing number of private rentals, the city is hiring a code enforcement officer to focus specifically on rental violations and sending out advisory letters and applications to holders of business tax receipts for property rental on Sanibel.

But there is concern about the application for a city license being overly intrusive, requiring owners to agree to things they could not possibly control. For example, owners could not agree to a demand that they ensure renters do not contravene city laws.

This could make the owner responsible if the renter gets a speeding ticket," said Alan Kappers, owner of a Pointe Santo condominium on West Gulf Drive.

The affidavit also demands that owners attest that they are not doing anything that contravenes condominium regulations

which, Kappers says, is not the realm of the city. It also asks for detailed contact information including cell phone, home phone and email address when a simple home address would suffice. Requiring the affidavit to be notarized adds an additional burden, he contended.

The information in the affidavit that the applicant is supposed to sign is over broad, burdensome and goes well past what is required in the legislation," he said.

Several residents and organizations also had problems with the fees charged which are currently \$100 for short-term rentals for condos and properties that the city does not restrict and \$300 for annual rental properties. Apartment owners of affordable housing on Palm Ridge Road objected to the \$300 fee for annual rentals, pointing out that those fees are burdensome for island workers. Representatives of Community Housing & Resources (CHR) that provides below market rate housing, also objected to the \$300 fee which would be levied on the organization and have to be passed on to renters in the program.

City council agreed to revise the application and to look at the fee structure.

Status Report On Wastewater Upgrade Project

he Donax Wastewater Reclamation Facility Upgrade project began in 2016 with the main goal of improving the quality of reclaimed water, reducing nutrient loading in the water and extending the life of the facility. The end result of this project will reduce the nitrogen and phosphorus in Sanibel's reclaimed water by approximately 50 to 70 percent, improving the water quality that is distributed across Sanibel to areas such as golf courses, condominiums and other properties throughout the island.

Visit https://files.constantcontact. com/97af97e6001/d719d8e7-a26e-441e-8942-9d697ac45257.pdf to view the current status of the project as of February 2020.

For more information, contact the City of Sanibel Public Works Department at sanpw@mysanibel.com or 472-6397.☆

Docks In The Bay: How Long Can They Be?

by Wendy McMullen

ust how far can a dock extend out into waters in the bay area on Sanibel? Isabel Drive residents Christopher and Lisa Heidrick are finding out, and although it was approved by a 4 to 3 vote of the Sanibel Planning Commission at a meeting two weeks ago, angry residents on the canal side of Isabel Drive who are impacted by the length of the dock are appealing the decision, according to Marty Harrity, one of the opponents.

Docks on Sanibel cannot extend more than 30 feet or 20 percent of the waterway. The dock in question is 40 feet long with an elevator-type boatlift. It replaces an existing dock but access to the current dock is impeded by seagrasses that grow in the shallows around the dock and it is why the extra length is required.

Two variances were required in order to exceed the length of the current dock. A second variance was required because of Army Corps of Engineers requirements that seagrasses not be disturbed.

The Heidricks have revised the application several times to accommodate city standards and to try to appease neighbors. They removed one of the two boatlifts originally asked for. They narrowed the walkway width, placed railings to eliminate mooring spots and incorporated the exacting standards for the Bay Beach Zone, even though their property is not in the Bay Beach Zone.

The Bay Beach Zone, which runs from the Sanibel Lighthouse to the end of Dixie Beach Road and includes the strip of homes on the bay side of Isabel Drive, prohibits all docks on Sanibel. This property is located on the inlet to the canal south of Isabel Drive.

But despite the changes, the Hiedrick dock is still in violation of the city's code, according to resident and former city councilman Peter Pappas, who spoke at the end of last week's council meeting.

That decision was in violation of decision and precedent," he commented, referring to a previous commission refusal of the project made by the same applicant and the same attorney some years ago.

"We need a new planning commission or you need to redefine to this community what it means or does not mean to have a code in place and what it means or does not mean to have a precedent," he told the city council.

'Our success has always been to honor our codes or change them. We owe the people of Sanibel that," he said.

There is a 15-day limit to appeal planning commission decisions to city council. The option for the city council will then be to either affirm the decision of the planning commission, to reverse it, or to send the matter back to the planning commission for further review.

In the meantime, City Attorney John Agnew advised commissioners to "stay out of the fray" and not comment until the appeal hearing is finished.☆

From page 1

Wildlife Day

in the Visitor & Education Center auditorium. The first 20 people to show up for the screening will receive a 10 percent discount coupon for the Refuge Nature Store.

'My interns and I decided to celebrate this special day by drawing attention to and educating people about wildlife and the importance of its preservation," said Conservation Educator Sara Hallas, whose team is organizing the event.

Below is the full schedule for wildlifefriendly and free fun throughout the

day:
9 to 11 a.m. - Free guided four-mile bike tour; meet at the flagpole with your

Noon to 1 p.m. – Wildlife Jeopardy with prizes in the Visitor & Education Center Classroom

1:30 to 2:30 p.m. - Kids' Wildlife Trivia (device with cellular data required) with prizes in the Visitor & Education Center Classroom

2:45 to 3:35 p.m. - Free showing of the Our Planet film Coastal Seas in the Visitor & Education Center Auditorium

'Ding" Darling Wildlife Society-Friends of the Refuge supports the National Wildlife Day celebration at the refuge. For more information, call 472-1100 ext. 236 or visit www. dingdarlingsociety.org/articles/events.☆

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Members of Coastal Watch, Sanibel Sea School and MANG groups planted 250 red mangroves along Woodring Road photo provided

Environmental Partners Plant Mangroves

n February 5, Coastal Watch partnered with the City of Sanibel and MANG to fortify existing mangroves along a section of road that is subject to erosion and shoreline degradation.

Mangroves are an integral part of the environment. These trees provide many benefits, such as erosion control, water quality management and ecosystem services that have trickle-down effects. They also create complex natural habitats for both terrestrial and marine species.

for both terrestrial and marine species.

The city and Coastal Watch selected
Woodring Road as the location of this
project. Woodring Road is an area that has
been greatly impacted by erosion and in
need of the most assistance. It is here that
250 red mangroves were planted.

In 2018, red mangrove propagules were collected, sprouted and transplanted to pots on Sanibel Sea School's property. Here, they grew for a year and a half, making the transformation from sprouts into young trees. In the weeks leading up to planting, the salinity of the water was slowly altered to match that of their future home along the bay.

Throughout the process, MANG served as a great resource, providing guidance when needed. MANG's mission is to change the world one mangrove at a time. A high-performance apparel company located in West Palm Beach, MANG plants one mangrove for every product sold, known as the Buy One, Plant One Initiative. The company's goal is to preserve and restore coastal habitats and communities.

The mangroves' progress will be continually monitored to ensure that they are flourishing in their new location. Stay tuned for updates on this project in the coming months.

Concert At St. Isabel Church

t. Isabel Catholic Church is hosting a special musical concert on Sunday, February 23 at 3 p.m. Ray Myslakowski, music director, will play classical pieces on the organ. He will be joined by talented young artist, Mark Shapic, playing classical and contemporary pieces on piano. St. Isabel's cantors, Debi Almeida and Maria Zoltek, will perform musical selections, accompanied by organ and piano. All are welcome.

St. Isabel Catholic Church is located at 3559 Sanibel-Captiva Road.



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Boating Club Offering Two Courses In March

merica's Boating Club of Sanibel-Captiva is offering a new round of courses that are available to

Regardless of the type or size of boat you own (or even plan to own some day), you will be joined in class by like-minded people who have come to understand there is always more to learn, particularly about safe boating in the gulf waters.

America's Boating Course 3 – This

course covers basic boat operation and safety with an emphasis on boating the local waters around Sanibel and Captiva. Completion of the class and passing a simple exam qualifies students to receive a safe boating ID card from the state of Florida. This ID card satisfies state of Florida education requirements for operating boats in Florida waters and is required of all those born after January 1, 1988.

The class will be taught in two sessions, both to be held at the Sanibel Public Library. The first session will be held on Wednesday, March 12 from 6:30 to 9:30 p.m. and the second session will be held on Saturday, March 28 from 10 a.m. to 4:30 p.m. Students need to attend both sessions and

complete homework between sessions for successful class graduation. The class uses the America's Boating Course textbook published by the United States Power Squadron - America's Boating Club. Highly experienced instructors present the class material using lectures, demonstrations, discussions and navigation charts of the local waterways. Cost of class and book is \$70. Students must preregister for the class no later than March 10. Class size is limited and early registration is advised.

Boat Handling - Boaters who want to boat more, boat farther and have more fun on the water are keen to learn how to operate their boat safely and how to handle situations that arise while

boating. This boat handling course can support boaters' education, attract new boaters and promote boaters' continued learning. This course is "Best in Class."

The six areas of study are: Nautical Rules of the Road; Confidence in Docking and Undocking; Boating with Confidence; Anchoring with Assurance; Emergencies on Board; and Knots and Line Handling.

This six-session course (seventh session is the exam session) will begin on March 17. Cost is \$70 for members and \$140 for nonmembers. There is a \$10 discount for eBook course book.

To register for either or both of these courses, visit www.sancapboating.org. Under the "Education" heading, click on "Our Course Offerings" and continue. If you experience any difficulties, call 612-987-2125.

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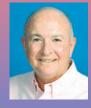






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Guided Native Vegetation Tours At City Hall

he City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, which is planted exclusively with native plants.
The guided tours begin at 10 a.m..
The next tour dates are: Saturday,

February 22; Wednesday, March 11; Saturday, March 28; Wednesday, April 8; and Saturday, April 25.

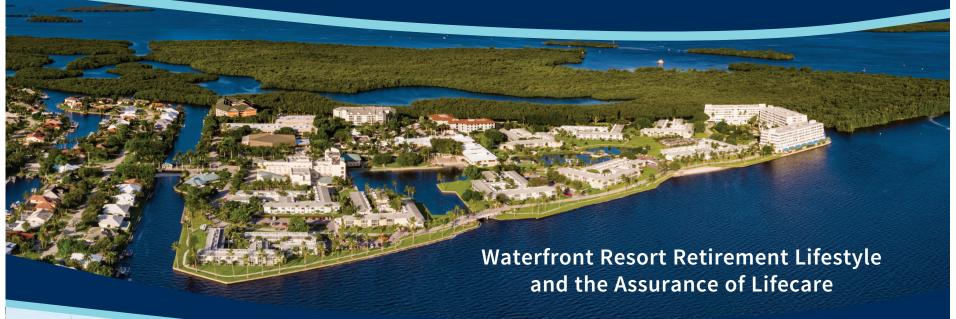
Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, 800 Dunlop Road, in front of the main staircase. For more information, contact the city's natural resources department at san.dnr@ mysanibel.com or 472-3700.☼



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Sanibel Scout Pack and Troop 1740 with leaders at PrivateSky Aviation Services

Sanibel Scouts Get A Lesson In Aviation

n January 4, Sanibel Scout Pack and Troop 1740 had the opportunity to visit PrivateSky Aviation Services in Fort Myers.

PrivateSky Aviation provides general aviation services at Southwest Florida International Airport and is both an FBO (fixed-base operator) and MRO (maintenance, repair and overhaul) facility, providing maintenance to both Gulfstream and Pilatus aircraft.

Victoria Wolanin, brand manager of PrivateSky, led the tour through the hangar and discussed how PrivateSky prides itself on honesty and quality with photo provided

their service and customer support allowing the scouts to see their core values in action. The scouts learned about the mechanics and maintenance of Gulfstream and Pilatus planes as well as some details on running the intensive operation.

The scouts and leaders thank the Wolanin family of Sanibel for providing the educational tour of their facility.☆

American Legion Post 123

Legion Post 123 is having a fish and shrimp fry this Sunday, February

16. The following Sunday, February 23, there will be a fundraiser for Ed



Augustyn from 5 to 7 p.m. There will be live music and a silent auction. Barbecued ribs and chicken will be

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 9 Ball pool tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome. Contact Tim or Randy at 472-9979.

Post 123 is located at mile marker 3

on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.☆





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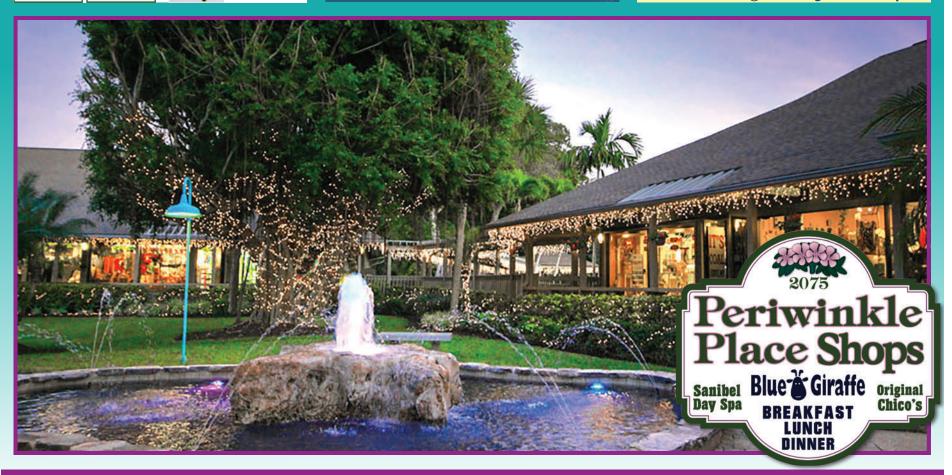




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Native cutleaf eveningprimrose opens at day's end and wilts by mid-morning

photo by Gerri Reaves

Plant Smart

Cutleaf Eveningprimrose

by Gerri Reaves

utleaf eveningprimrose (Oenothera laciniata) is common along roadsides and in fields and disturbed areas.

It is one of several members of the evening primrose family that are native to Florida.

As the common name implies, the flowers open late in the day and languish in the morning.

Pale yellow and up to an inch and a half across, they are borne singly and have four heart-shaped delicate petals that might be red or pinkish.

They bloom year-round and attract native bees, butterflies and moths, and the seeds are eaten by various birds.

The term laciniata, which means deeply cut, slashed, or divided into narrow segments, refers to the irregular leaf shapes.

The narrow alternate leaves measure about two inches long and have whitish

Toothed, roundly lobed, or wavy, they have an almost lacy look.

This wildflower is usually considered a weed. It grows up to two feet tall and takes an erect or prostrate form.

The stems, which branch at the base, arise from a taproot and vary from green to reddish.

When the curved pod dries, it opens to spread the seeds, which readily self-sow, so the plant is useful as a groundcover.

It prefers dry conditions, grows in full sun to partial shade and is somewhat salt tolerant.

Both seeds and leaves have been used by Cherokee Indians for medicinal purposes

Propagate this plant with seeds or by root division.

Sources: National Audubon Society Field Guide to Florida by Peter Alden et al., Weeds of South Florida ID Guide by George Rogers, Weeds of the Southern United States by James F. Miller et al., Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, www.fnps.org, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida. A

Festival Of Light Junior Queen



Lauren Lynne Spring

photo provided

auren Lynn Spring was the Junior Queen of the 2020 Edison Parade of Light Junior Parade on February 9. She is the daughter of Shane Spring and Lynn Spring of Fort Myers and the granddaughter of Fred Spring of Sanibel. Shane, who grew up on Sanibel is also a realtor on the island and works for Royal Shell Vacations.

Lauren has participated in the parade along with her brother, Andrew, since they were toddlers. A







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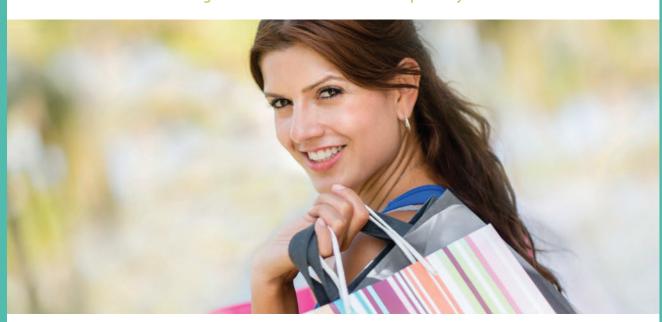




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Switching It Up

by Capt. Matt Mitchell

any trips this week were about being able to find some place out of the wind to increase not only the comfort level of everyone on board but also catch a few fish. During several days the past week, we had little to no tide movement and finding any kind of action often took patience and persistence.

While bouncing between several Ding Darling creeks, we not only managed to find a little tide movement on the tougher days but also some amazing redfish action at times.

The deeper water in the bends of these crystal clear creeks would hold lots of redfish between 16 to 24 inches. Catching redfish after redfish between a few stops of not even a bite was just what was needed. Like any fishing trip, some days it took just one hot spot to make the whole day successful.

During slightly calmer days, we had a few charters that we found good action out on the flats including St. James hump, Red Light Shoal and Picnic Island. Shrimp under a popping cork caught a wide variety of fish from trout and ladyfish to Spanish mackerel and even a few pompano. Finding diving pelicans often gave up the location of these feeding fish.

The roller coaster of water temperature we call winter in Florida means being able to switch up the target species. Once our water rose back into the low 70s finding sheepshead got tough and redfish filled in the void. After the weekend cold-front water temperatures dropped, it was back to sheepshead fishing. Some of the largest redfish all week came while targeting sheepshead post-cold front in

With a week of warmer temperatures on the way, I can't wait to switch it up and start catching shiners again to target snook. As our water creeps back into the low 70s, this snook bite will fire off. This will be a much awaited change after what has been over two weeks

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Nick Little with one of many "Ding" Darling redfish caught this week with Capt. Matt Mitchell

photo provided



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CROW Case Of The Week:

Don't Feed The Pelicans



by Bob Petcher

rown pelicans (Pelecanus occidentalis) can often be seen foraging for fish by plunging their oversized bills in shallow waters or looking for handouts around fishing piers and fishing boats.

Anglers should not give in to feeding these large seabirds. It is against the law.

At CROW, medical staff members have reported a startling hike in cases involving fish obstructions in pelicans within a year's time. These life-threatening blockages sometimes come with hook and monofilament line injuries.

"In 2019, we treated less than five pelicans in the entire year with large fish obstructing their throats. In just the first few weeks of this year, we have seen the same number of pelicans affected, which is an alarming increase," said Dr. Robin Bast, CROW staff veterinarian. "Each year, we treat other seabird species for the same problem, but pelicans are the 'poster child' for this issue. In 2019, out of the 93 brown pelicans admitted, 40 percent of them had hook/line related injuries. In just the first few weeks of this year, we have already admitted 85



A large piece of cut fish that came from patient #20-369 as compared to a cell photo by Brian Bohlman

brown pelicans, 35 percent of which had hook/line related injuries. Again, this is a marked increase in cases for a readily preventable problem.

Two pelicans were admitted on the same day last week.

A juvenile brown pelican was admitted from the Sanibel Fishing Pier after being rescued with a large object stuck in its throat as well as a fishing lure stuck in its leg. The pelican regurgitated the object, a large piece of cut fish, while being transported to CROW. When the pelican arrived, it was bright, alert, responsive and well hydrated. Veterinarians anesthetized the pelican and removed the lure by pushing the end of the hook through the

skin and cutting the barb off, then backing the rest of the hook out. The wounds were cleaned and will be monitored for

Later that same day, a second pelican was admitted from the same spot with a very large fish stuck in its throat. Pelicans typically feed on small schools of fish that form near the surface of the water, including menhaden, mullet, anchovies,

herring and sailfin mollies.
Unfortunately, the remains or carcasses of a fisherman's catch that are tossed in the water are often larger than a pelican's normal diet, and the larger bones and spines can puncture the bird's throat or digestive tract. When pelicans are fed near fishing docks, marinas or cleaning stations, they congregate in large numbers looking for an easy meal. This change in behavior of "begging" or "scavenging" for scraps rather than hunting their normal prey brings them to areas where they are more likely to become entangled in fishing line or be accidentally hooked by a fisherman.

"Pelicans can sustain severe, even life-threatening, injuries from ingesting abnormally large prey items – it's not always as simple as removing the fish. Damage to the GI tract or blockage of the airway can result in death. Not only is it harmful to these birds, but it is against state law to feed pelicans. It also teaches abnormal behavior, encouraging pelicans to approach humans for food and becoming a nuisance," said Dr. Bast.

Both pelicans are still in the clinic's intensive care unit.

"The first pelican is still in ICU. Due

to the trauma to its esophagus, it took days for this bird to be able to keep food down without regurgitating it. It is still receiving medications to treat the irritated GI tract, but should be able to move to an outdoor enclosure in the next few days," said Dr. Bast. "The second pelican also remains in ICU, being treated for an infected wound on its wing; this bird was "lucky" and did not require GI protectant medications since it has been able to keep food down on its own. It is our hope that both pelicans will 'graduate' to outdoor rehab enclosures within another five to seven days.

"If all continues to go well for the pelicans, we hope they will be released in the next couple weeks after finishing medications and passing release qualification testing in the outdoor enclosures.

Dr. Bast encourages anglers to visit www.mindyourline.org.

"We support responsible fishing practices which include disposing of fish carcasses in a lidded container, as well as disposing of fishing hooks and line in appropriate recycling containers," she said. "Please check out the Mind Your Line website for more information on responsible fishing practices.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150. . Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆





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Brazilian Spurilla



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

purilla braziliana MacFarland, 1909, is a relatively large, shell-less sea slug that

reaches about 80 mm (about 0.5 inch). The curly projections on the "back" of the slug are known as cerata; each ceratum includes an extension of the ducts of the animal's digestive gland. The Brazilian Spurilla feeds on sea-anemones, and may assimilate cnidocytes (stinging cells) the from seaanemones it feeds into its own to use as its own defensive mechanism. Its color is variable, covering light-pink, orange, green, light greenish-brown, and the ducts of digestive gland in cerata can be gray to brown. Its egg mass resembles thin noodles. The species is widely distributed in the tropical western Atlantic Ocean. (Species formerly identified as Spurilla neapolitana (delle Chiaje, 1844). This latter, however, is restricted to the eastern Atlantic and Mediterranean Sea. Read more about



The Brazilian Spurilla, Spurilla braziliana

mollusks and their shells at www. shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The museum is open! The aquarium is scheduled to open in March 2020. See updates at www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

photo by Ángel Valdés

College Graduate

anibel native Taryn Samet graduated in the Fall 2019 semester with a master of science degree and a major in molecular biology from Lehigh University in Bethlehem,

The Story Of Ospreys At CROW



An osprey takes flight

photo provided

he Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series continues on Tuesday, Febuary 18 with The Story of Ospreys by Claudia Burns, volunteer for The International Osprey Foundation. Speaker Series programs begin at 4:15 p.m. in the CROW Visitor Education Center, located at 3883 Sanibel Captiva Road, and are approximately one hour in

Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and younger. Space is limited, so advance registration is highly recommended.

CROW's 2020 Speaker Series presented by Lee County Electric Cooperative (LCEC) features weekly talks and runs through April 14. For a full schedule or to register, visit www. crowclinic.org/articles/2020-speakerseries-presented-bu-lcec.☆

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Next class is on March 12th 6:30 - 9:30pm and March 28th 10:00am to 4:00pm Register by March 10th at www.sancapboating.club Contact Robert Orr lead instructor at (239) 579-0139 or email



Classes are held at the Sanibel Public Library

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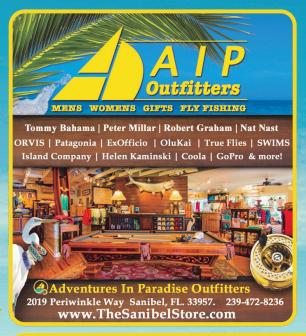
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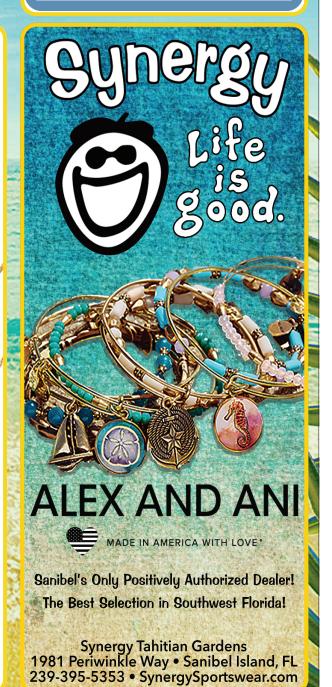
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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 14, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, February 14, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Owls of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Friday, February 14, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, February 14, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3



and under: no charge - Patient Profiles: Wading Birds (daily presentation). One of CROW's animal ambassadors will be present.

Saturday, Febuary 15, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Saturday, Febuary 15, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Baby Care at CROW (daily presentation).

Saturday, Febuary 15, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be

Monday, Febuary 17, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with

an animal ambassador.

Monday, Febuary 17, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be present.

Monday, Febuary 17, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Monday, Febuary 17, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Patient Profiles: Gopher Tortoises (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, February 18, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, February 18, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, February 18, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, February 18, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, February 18, 4:15 p.m., adults: \$10, teens: \$5, age 12 and under: no charge. Advance registration highly recommended - Speaker Series presented by LCEC: The Story of Ospreys. Speaker will be Claudia Burns, volunteer for The International Osprey Foundation.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. Photos, videos and recorded vocalizations are used to explain osprey behavior.

Wednesday, February 19, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Wildlife Rescue 101 (daily presentation). One of CROW's animal ambassadors will be present.

Wednesday, February 19, 12 to **1:30 p.m.**,\$35 per person – Lunch & Learn with Dr. Barron. Advance registration required (seasonal program).

Spend part of an afternoon on the CROW campus and have lunch with the hospital director. Learn how CROW's work is vital to Southwest Florida and beyond. Hear wildlife patient stories and take a behind-the-scenes tour.

Reservations include a boxed lunch continued on page 24

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Local artists work on their creations at Tuesday Afternoon with Carol at Sanibel **Congregational United Church of Christ**

photo provided

Weekly Workshops For Local Artists

uesday Afternoon with Carol is a diverse group of artists who meet each week at Sanibel Congregational United Church of Christ to paint, share ideas, critique and support one another in their creative endeavors. The public is

welcome to attend the meetings, held each Tuesday at 1 p.m. in Heron Hall.

Local artist Carol Good, who is also

a member of the church, started this opportunity for artists of all levels to learn from each other and make connections in a supportive atmosphere. They work in oils, acrylics, watercolors, pastels, as well as collage and mixed media.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call the church office at 472-0497. A

East End Canal Morning Paddle



by Kealy McNeal

n Saturday, February 22, the Ocean Tribe Paddling Club will host a morning paddling excursion through the canals of the east end of the island. Come join us as we glide through the winding canals that are rich in local

flora and fauna. We will start our journey from the Sanibel boat ramp and paddle on San Carlos Bay to the canals.

Those interested in joining the group

should meet at the Sanibel boat ramp at 9:15 a.m. The paddle will begin at 9:30 a.m. The paddle will last approximately one and a half hours. Participants are invited to bring their own vessel, or a limited number of loaner vessels can be reserved in advance for members by contacting oceantribepaddlers@ sanibelseaschool.org. Any weather-related updates or schedule changes will be posted on the Ocean Tribe Outfitters Facebook page at least one hour prior to the event.

Our paddling community is open to everyone, and your first event is always free. After that, we request that you purchase a club membership via our website.

Ocean Tribe Outfitters is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribeoutfitters.org, or follow us on Facebook and Instagram.

From page 22

CROW Calendar

catered by the Sanibel Deli and tour of CROW's hospital and rehabilitation

Wednesday, February 19, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Wednesday, February 19, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be

Thursday, February 20, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required

- Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, February 20, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Patient Profiles: Gopher Tortoises (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, February 20, 2 to 3:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, February 20, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.☆

Shell Found



Junonia

photo provided

ince Conroy picked this shell up on the beach while staying at South Seas Island Resort on Captiva.☆

Shell Found



Dayton Barkley

photo by A. Ziehl

ayton Barkley from Minneapolis, Minnesota found a Scotch bonnet in Cayo Costa while staying at Sanibel Surfside. Barkley said it was his "first one in 30-plus years."☆

Shell Found



Jill Jones and Charlie Carr

photo by A. Ziehl

Till Jones and Charlie Carr, her granddaughter, from Palestine, Arkansas found a junonia on the beach in front of Loggerhead Cay, where they were staying.☼

Shell Found



Terry Piotrowicz

erry Piotrowicz from Kimberling City, Missouri found a junonia by Coquina Beach condominiums while walking the beach at 2:30 p.m. He was staying at Periwinkle Park and





Following The Island Currents



by Kathy Kurtz Ferrari

ne of my favorite events of the season is happening this weekend. The Sanibel-Captiva Rotary Club's annual arts and crafts festival is being held at

The Community House on Saturday and Sunday, February 15 and 16. The event is always held around my birthday (presidents Washington's and Lincoln's, too; I've learned to share), so I feel like it's a special treat for me.

All around these islands, you can find interesting places and things going on, whether visiting a boutique, restaurant or even a pharmacy.

As an example of the latter, **Island Pharmacy** is a true neighborhood pharmacy. (Our neighborhood is an island, so they got the name right.)

Pharmacist/owner Reggie Mathai and his staff specialize in customer service. While the space seems tight, the shelves are filled with almost anything customers

"This space doesn't limit us to what we can do," Mathai said, noting the pharmacy carries items that may be



The pharmacy is a popular spot on a busy photos by Kathy Kurtz Ferrari

difficult to find elsewhere. "If someone wants something out of the ordinary, it's very easy to get, usually within 24 hours."

The store, independently owned, (those still exist!) has a large selection of specialty items like medical devices, wound care needs and braces.

But the store's focus is caring for customers through its pharmacy. Pharmacists and technicians are trained to make sure customers are treated with care, accuracy and efficiency - in a friendly manner.

On my recent visit, while customers waited in line, I was impressed with the



Island Pharmacy staff members include, from left, Kenneth Kosowski, Gina Solmaz and Reggie Mathai

friendly banter among them. It was clear they were loyal customers.

This pharmacy knows what they are doing and they really help you," said Sanibel resident Deborah MacKelcan. "They always have what I need."

Island Pharmacy works with over 9,000 different insurance programs which keeps them competitive. Staff members answer the phone, which is refreshing in this digital age. (Am I supposed to press 1 or 2? I hate getting lost in telephone

Island Pharmacy also dispenses medication for vacationers who may have a sudden illness, even on a walk-in basis. And they offer delivery service.

"We want to focus on the patient. We want to focus on care, and quality of care, and getting to know them and find out what's going on," said Mathai. "When someone comes in with something out of the norm, we want to know, 'Why are you on this? What's going on?' It's protective.'

What is even more refreshing about Island Pharmacy is its success in its Palm Ridge Place location - right across the street from a national competitor.

"It comes to personalized service, it

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comes to knowing who you are," Mathai added. "It's always been kind of like a golden rule mentality. How do you want to be treated? And that's what it comes down to."

Island Pharmacy is located at 2330 Palm Ridge Road. For more information, call 472-6188.

Another spot to visit at Palm Ridge Place is **Sanibel Deli and Coffee Factory**. This popular restaurant serves

breakfast, lunch and dinner – and more. It's great for morning coffee, it has ice cream and even pizza by the slice.

Sanibel Deli owner Jeff Weigel opened the restaurant in 2008, and has worked hard to make sure customers are satisfied.

"I call it realistic food, but maybe that's not the right word," Weigel said during a break before lunch time. "It's every day food, food that's easy for people to grab to eat."

With its location along the bike path, Sanibel Deli is a perfect place to stop for those cruising the island on two wheels.

"Everything's homemade," Weigel explained, noting customers can request food to be prepared the way they like it.

Sanibel Deli has a large indoor seating area, but if it's a nice day, the outdoor seating is really pleasant.

The extensive menu features two full pages of sandwich choices using Boar's Head meats. Especially popular are the breakfast sandwiches, Weigel said, as well as the Reuben. There are over a dozen different salads, a soup of the day, (I had chicken noodle – yummy!), chicken wings and pizza. There are



Ready to serve customers at Sanibel Deli and Coffee Factory are Michael Binkowski, left, and Jeff Weigel

gluten free choices and a menu for children, too.

With "Coffee Factory" as part of its name, of course it has a variety of coffees, (including those fancy ones my daughter always wants) as well as Queenie's Ice Cream (those I always want)

Weigel and his staff are proud of the restaurant's cleanliness, and serving good, consistent food at reasonable prices. And having children of his own who all attended The Sanibel School, Weigel stressed the importance of giving back to the community.



Sanibel Deli and Coffee Factory serves all kinds of food throughout the day

"When you're in a small community, I've always believed that I want to walk out in the community and be proud of what we do," he said, adding he enjoys participating in community events and also sells refreshments at the Sanibel Farmers Market with his daughter on Sundays.

To that end, new on the menu is the CROW sandwich, with a portion of the proceeds supporting Clinic for the Rehabilitation of Wildlife. (Perhaps borrowing a little goodwill from the old Timmy's Nook on Captiva, it's a wonderful gesture.)

"We have a reputation on the island that we're really proud of," said Weigel. "It's really neat after all these years to have people tell us that we're a must-do on their list when they come to Sanibel for their vacation every year."

Visit www.sanibeldeli.com or call 472-2555 for more information.

So until next time, enjoy the island currents!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.





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Sanibel Captiva Art League Annual Art Fair

Formerly the Clothesline Sale, the Sanibel Captiva Art League Art Fair will be held on Sunday, February 23 from 9 a.m. to 3 p.m. at The Community House.

Always a popular exhibition of original art, this year's display will feature the works of approximately 30 local artists. A variety of painting mediums will be

photo provided

featured including watercolor, acrylic, pastel, oil and mixed media. Bargains may be found among the framed and unframed works, and there will be plenty of local interest art.

Meet the artists, learn about their diverse styles, and find that special piece to take home. This is a great opportunity to view and purchase original works by some of the best artists in Southwest Florida.

Parking will be available across the street from The Community House, located at 2173 Periwinkle Way on Sanibel. For more information, visit www.sancapart.com.

Demonstration At Art League Meeting

submitted by Renee Chestant

Sanibel Captiva Art League will host Cape Coral artist Joan Roberts in a program, including an oil painting demonstration, at its next meeting at The Community House on Thursday, February 20 from 1 to 3 p.m.

Roberts' paintings are a combination of the alla prima and impressionistic styles with brilliant and flamboyant brush strokes and color. No matter what the subject – landscapes, figures or still life – she paints with broad strokes, alternating lights with darks, thick with thin, finding edges and losing edges, creating a painting collaborating between heart and mind.

Traditionally trained at the Art Institute of Chicago, Roberts also attended classes in Connecticut, Florida, Michigan and Wisconsin. "I started painting tight with small meticulous strokes. As I continued to paint over the years, I decided it is more fun to paint loose with random broad strokes," she said. "To have a bad stroke or area is fairly common but, since I paint in oils, if there is something I don't like about the painting, I can just scrape it off and put in something else. Keep it simple and fun."

Active in several local art associations, Roberts is member of



Smoker by Joan Roberts

image provided

Cape Coral Art League, Art Center of Bonita, von Liebig Art Center in Naples and Alliance for the Arts. She participates in art fairs and art events throughout Florida. Her artwork is exhibited in business offices and homes in many states including Illinois and Florida.

All meetings are free and open to the public. League activities include weekly plein air events, shows, newsletters and community support.

The Community House is located at 2173 Periwinkle Way. For information about shows, activities and membership, visit www.sancapart.com.

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Strawberry and Citrus Shortcake

2 Oranges, zested and juiced (3 tablespoons juice total)

- 1 pound strawberries, sliced
- 4 tablespoons natural sugar, divided
- 2 cups unbleached all-purpose flour
- 1 stick unsalted butter, slightly melted and cooled
 - $1\ \mathrm{cup}\ \mathrm{milk}\ \mathrm{plus}\ 2\ \mathrm{tablespoons}$
 - 1 tablespoon baking powder

Pinch of sea salt

½ teaspoon fresh ground pepper

- 1 cup heavy cream
- 1 teaspoon vanilla extract
- 2 tablespoons confectioners' sugar Preheat oven to 450 degrees.

Combine flour, 2 tablespoons sugar, baking powder and a pinch of salt in a medium bowl. Next add melted butter, 1 cup milk, 1 tablespoon orange zest and 1 tablespoon orange juice. Stir until combined, do not over mix. Drop by generous tablespoonful onto parchmentlined baking sheet. Brush tops with milk and sprinkle remaining sugar on each biscuit. Bake for 12-15 minutes or until cooked thoroughly. Remove from oven and set aside to cool slightly.

In a small sauce pot combine strawberries, 2 tablespoons orange



Strawberry and Citrus Shortcake

juice, ground pepper and cornstarch. Bring to boil and reduce to simmer for 5 minutes, or until slightly thickened, stirring frequently. Remove from heat and set aside to cool slightly. Using a whisk or photo courtesy Fresh From Florida

hand mixer beat together cream, vanilla, and confectioners' sugar until stiff peaks form. Assemble shortcake by cutting a biscuit in half and topping with strawberry

LIVE

Cielo has live entertainment Tuesday through Sunday with pianist and vocalist Scott McDonald

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey returns on Sunday.

The Jac Island Bar & Grille has live entertainment on Friday with the DJ Travis Mac. Renata Band plays on Saturday. On Sunday, it's CJ Matthews. Monday is karaoke. Flyings Hasselhoffs play on Tuesday. Cruzan Vibes performs on Wednesday. On Thursday, it's James Prather.

MudBugs Cajun Kitchen has live entertainment on Friday with Dave Collaton. TJ Brown plays on Saturday. Slim Gillian performs on Sunday. On Monday, it's JD Ingalls. Tom Beckman plays on Tuesday. Thom Traucht performs on Wednesday. On Thursday, it's Yard Dog Charlie.

Sundial Beach Resort & Spa: Jeff Key performs this Sunday at Turtle's Pool & Beach Bar. John Mclane plays on Wednesdays at Sea Breeze Cafe

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

> Restaurant owners/managers, email your entertainment schedule to press@islandsunnews.com.☆

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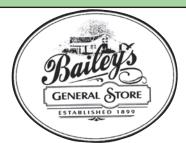








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CIELO

The Community House

The Strawberry





by Resident Chef Jarred Harris

pringtime is close and one of the first fruits to ripen is the strawberry. The strawberry plant is a member of the rose family and has been around since 234 BC. Strawberries are not true berries in the technical sense of the term. A true berry's seeds are found inside the fruit, whereas, strawberry seeds are found on the outside of the fruit. In fact, strawberries are the only fruit that bears its seeds on the outside.

There are over 600 varieties of strawberries and several varieties are found growing wild around the world. Strawberries can be found in many different colors, shapes and sizes. They can be white, yellow, blue, black and purple. They can also be as small as a pea and as large as an apple in size.

Native Americans introduced strawberries to the first colonists by making a dish using cornmeal and crushed strawberries. This was the inspiration for strawberry shortcake.

California produces 75 percent of the strawberry crops in the U.S., Florida is second and North Carolina is ranked third.

Ancient Romans used strawberries for medicinal purposes. They used them to treat everything from depression, fainting, fever, kidney stones, bad breath and even sore throats. Strawberries actually have many health benefits. Eating this fruit lowers blood pressure and can help reduce the risk of certain types of cancer and heart disease. Strawberries also contain dietary fiber, vitamins A, B6, K and potassium, and more vitamin C than

Here is a simple recipe to try:

Strawberry Cookies

Ingredients

4 oz. cream cheese (softened)

1 stick butter (softened)

1 cup sugar

1 egg

2 cups all-purpose flour

½ tsp. baking powder

½ tsp. salt

1/4 tsp. baking soda

1 cup white chocolate chips

1½ cups frozen strawberries (fine diced) Preheat oven to 350F.

In a large bowl, add the cream cheese and butter. Mix until blended, then add the sugar and egg. Mix until well incorporated.

In a separate bowl, add the baking powder, salt and baking soda to the flour and mix well.

Add the flour mix to the cream cheese mixture and use a rubber spatula to form a dough, then fold in the white chocolate chips and frozen strawberries. Blend thoroughly.

Using a mini cookie scoop, portion out

the cookie dough and place on a non-stick baking sheet.

Bake for 10 minutes.

Transfer cookies to a cooling rack and cool for 10 minutes before serving.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call *472-2155.*☆



photo by Sam Huntington

Bird Walk At Pond Apple Trail

he next Sanibel-Captiva Audubon bird walk will be held at Pond Apple Trail on Saturday, February 15. Meet in the Matzaluna parking lot nearest Periwinkle Way at 8 a.m.

These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated. For more information, visit www.san-capaudubon.

From page 1

Shell Festival

Shell Museum during the festival. The Sanibel Shell Show is known as the most prestigious in the country and exhibitors come from as far away as Japan to compete for non-monetary awards. There are two major categories of competition. The Artistic Division features an incredible variety of shell creations made by both professionals and hobbyists. The Scientific Division features shells from Sanibel's beaches as well as all around the world.

The Sanibel Shell Festival is a joint venture of the Sanibel-Captiva Shell Club and the Sanibel Community Association. It is a major fundraiser for

both groups. Sanibel Shell Festival hours are: 9 a.m. to 5 p.m. on Thursday and Friday, March 5 and 6; and 9 a.m. to 4 p.m. on Saturday, March 7. There will be shells, shell art, crafts and books for sale. There is a live mollusk tank manned by students from The Sanibel School. Free parking and food and beverages will be available. The festival is a great family outing and children are welcome.

For more information, visit https://sites.google.com/site/ sanibelshellfestival/.袋







JR Pascall and Barbara Ruben with some of the featured wines

photo provided

Annual Monday Night Film Series Wine Tasting

by Di Saggau

n Monday, February 24, starting at 5:30 p.m., the BIG ARTS annual Film Series Wine Tasting Celebration will take place prior to the regular Monday Night Movie showing of Cold War. This year, we will be tasting the wine production of Argentina and Australia. These are not your typical

restaurant wines. A skilled wine expert helped JR Pascall and Barbara Ruben select special whites and reds from the two countries. Some are smooth and crisp, others are bold and flavorful. There's something for everyone to enjoy.

We are honoring the 23rd year for the Monday Night Movie Series, which over the years has featured critically acclaimed and award-winning films produced or filmed in these locations. A few are: Tanna, The Secret In Their Eyes, The Clan, The Wild Tales, Tracks and The

Tickets are \$10 and are available at the BIG ARTS box office, located at

900 Dunlop Road. Tickets will also be available the night of the event. A limited number of tickets are available, so get yours early. We invite you to join us for a good hour of camaraderie with other Monday Night Film lovers while sampling fine wine and enjoying chocolate treats. Remember, this is a wine tasting, it is not a dinner. We will also present Movie

Maven T-shirts to three of our moderators whose names were drawn this year.

Visnja Gembicki, chair of the BIG ARTS Film Series, will address the remainder of our movie season. Our Wine Tasting Celebration is always a festive, fun event and we hope you will join us. For more information, call 395-0900.

Musical Comedy At Shell Point

hell Point Retirement Community's 2019-20 Fine and Performing Arts Series continues with a performance entitled Embraceable You: The Music of George Gershwin at The Village Church auditorium on The Island at Shell Point on Thursday, February 27 at 7 p.m. Tickets are \$40.

Straight from the Broadway stage, Dean Balkwill and Lisa Ferguson Balkwill are triple threats brimming with charm and charisma, performing the music of George and Ira Gershwin – musical comedy at its finest. During the performance, guests will enjoy dance



Lisa Ferguson Balkwill and Dean Balkwill

photo provided

numbers, nostalgic ballads and romantic comedy, all backed by live musicians and set in the post-war Paris of 1948.

The Village Church is located at 15100 Shell Point Boulevard in Fort Myers. For more information or tickets, visit www.shellpoint.org/concerts or call 454-2067.



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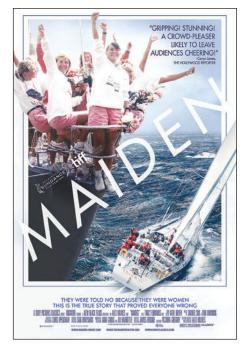
Maiden

by Di Saggau

he BIG ARTS Monday Night Movie for February 17 is Maiden, a documentary about an all-female crew taking part in a grueling yachting competition that covered 33,000 miles and lasted nine months. Named after the first ship crewed by all all-female team in the Whitbread Round the World Race, you'll meet a cast of sailors who are both endearing and intelligent. When 26-yearold Tracy Edwards and her team entered the race in 1989, no one thought they had a chance. The male chauvinists didn't think "girls" could survive a nine-month yacht race, much less be real contenders.

During a stopover in the United States, Tracy met King Hussein of Jordan, who organized funding from Royal Jordanian Airlines for her to buy a secondhand 10-year-old, 58-foot yacht and refurbish it, renaming it Maiden. She recruited a 12-woman crew, and Maiden finished second in its class, winning two out of six individual legs of the race.

Crew members shot some of the suspenseful footage, such as when the Maiden pushes through the ice floes of the Southern Ocean near Antarctica. As the yacht enters the final stretch, you'll have your heart in your mouth. The film consists mainly of footage taken during the race by some of the sailors. There are also interviews with the women today, who are amazed at



what they accomplished when younger. As they talk, they make jokes and also elegant statements about aging, time and possibilities. The film runs 97 minutes. Moderator for the evening is Bob Kamino.

Admission to the Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in the new BIG ARTS Christensen Performing Arts Hall. Tickets are available online, at the BIG ARTS box office, 900 Dunlop Road, and at the door the evening of the movie. For more information call 395-0900.☼

Kiwanis Club Spaghetti Dinner



Dinner includes spaghetti and meatballs, salad and garlic bread photos provided submitted by Tom Sharbaugh

ne of Sanibel's most anticipated events is coming soon, so mark your calendars. Each year on the last Saturday in February, the Sanibel-Captiva Kiwanis Club throws a party for the whole community - the annual Spaghetti Dinner. You are bound to see some old friends there, and probably meet some new ones.

Now in its third decade, the Spaghetti Dinner has become an island institution. This year's event will be held on Saturday, February 29 at The Community House. Dinner will be served from 4 to 7:30 p.m., followed by dessert, music and the fun of competing for raffle and auction prizes.

Diners get a complete Italian feast,



Famous Bubble Room cakes and coffee will be served in the dessert room

with spaghetti, sauce, meatballs, salad, garlic bread and beverages (wine and soda), and it's all-you-can-eat. Admission is \$10 in advance or \$11 at the door, and children under 10 eat free. Dessert and coffee are extra, and will again feature the popular cakes from the The Bubble Room on Captiva. Advance tickets can be purchased from any Kiwanis member and also at Bailey's General Store, Bank of the Islands, Sanibel Captiva Community Bank, Big Red Q Printing, Island Pharmacy and Periwinkle Park.

All proceeds from the Spaghetti Dinner are used by the Kiwanis Foundation to support education and recreation programs for island youth, including the Kiwanis Scholarship Program for deserving

continued on page 35





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Storytime with Deanna Evans at Sanibel Public Library

photo provided

Programs At Sanibel Library

Teekly children's programs continue at Sanibel Public Library. STEM programs for all ages have been added to the schedule. The calendar is online at www.sanlib.org.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. Family Storytime helps develop pre-reading skills through songs and stories. Length is approximately 20 to 30 minutes plus the craft and activities that follow.

The After-School Crew (for kindergarten through fifth graders) will meet at 3 p.m. on the following Thursdays; February 20 and 27. There will be new books, puzzles, games, crafts and snacks.

In Apps with Apps: How to Borrow eBooks and Audiobooks, at 2 p.m. on Thursday, February 13, Librarian Beth Jarrell leads you through borrowing and placing holds on eBooks using Overdrive-. Libby and Hoopla. On Thursday, February 20 at 2 p.m., Jarrell will review Kanopy Films and Freegal Music apps. Learn about apps while having light appetizers. These four apps are available to all Sanibel Public Library cardholders at no extra cost.

Have fun learning about Sphero on Monday, February 17 from 10 a.m. to noon. Sphero Edu uses app-enabled robots to foster creativity through discovery and play, all while laying the foundation for computer science.

The book discussion group will review The Dutch House by Ann Patchett at 10

a.m. on Wednesday, February 19. Fran Poder will lead the discussion. Copies of featured books are offered in a variety of formats, including audiobook, eBook and large print. While it is preferable to come to the discussion having read the book, all are welcome. The book for discussion on Wednesday, March 18 will be Self Portrait with Boy by Rachel Lyon.

Sanibel Public Library's Duane Shaffer

will present his World War II 1942 North African Campaign program on 10 a.m. on Friday, February 21. He will focus on the battles of Tobruk, Mersa Matruh and El-Alamein. His next program will be held

on Friday, March 13.

Over the past five years, Rabbi Stephen Fuchs of Bat Yam Temple of the Islands has spoken in more than two dozen German churches. His aim in those sermons and lectures is to help Germans come to grips with the enormity of the Holocaust with an eye toward creating a better future. Rabbi Fuchs' father, Leo Fuchs, was arrested in his native city of Leipzig on Kristallnacht on November 9, 1938. He was released from Dachau not long thereafter and came to the U.S. Although his father never spoke of that horrible night, his experience has had a profound effect on Rabbi Fuchs' life and career. His book talk, ... And Often the First Jew, will be held at the library on Monday, February 24 at 10 a.m.
The VITA Program of United Way of

Lee, Hendry, Glades, and Okeechobee Counties can help you prepare and e-file tax return if your 2019 household income was \$66.000 or less. To make an appointment at Sanibel Public Library, call 211 433-3900 or register online at www.

UnitedWayLee.org.

The public is invited to these programs. There is no registration required, and no

additional cost to participate.
Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee, and are good for one vear.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483, or visit www.sanlib.org.☆

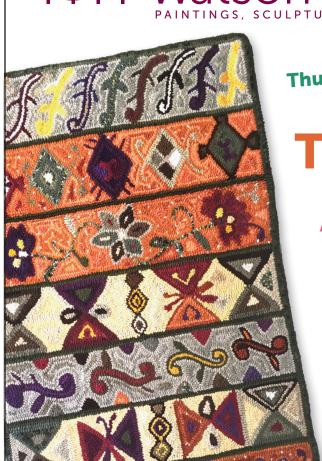
From page 34

Spaghetti Dinner

students. Kiwanis President Aaron Pruss said, "Our club is proud to host the Spaghetti Dinner each year, even though it's a lot of work for our members and a big commitment from our sponsors. The public really enjoys the event, and it's a great way for the community to help us support the youth programs that benefit our local island kids."

Many island businesses and organizations contribute to putting on the event. Major sponsors include: Cielo, Bank of the Islands, The Bubble Room, Sanibel Captiva Community Bank, Billy's Rentals, Bailey's General Store. The Sanibel Captiva Trust Company, Sanibel Captiva Beach Resorts, Sanibel Island Golf Club, Barefoot Charley's Painting Company, The Sanctuary Golf Club, The Dunes Golf & Tennis Club, Sundial Beach Resort & Spa and Island Inn. In addition, many others show their support by contributing food items and prizes that are placed in the raffle and auction. A





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The First Conspiracy



by Di Saggau

hen I read about The First Conspiracy, The Secret Plot to Kill George Washington, I was surprised to see that one of the authors was Brad Metzler, who

is known for his political thrillers. For this historical novel, he has teamed up with Josh Mensch, an American history writer and documentary television producer. It tells the story behind a previously untold piece of American history that not only tells us about George Washington's character, but also about the origins of America's counterintelligence movement that led to the modern day CIA.

It all begins in a city jail where three prisoners are whispering to one another. In 1776, Washington had a group of Life Guards, which would be known today as Secret Service. William Tryon, the governor of New York, knows all of the wealthy and powerful Loyalist families in the New York region, and there are many because prominent families with deep royal ties live in and around the city. He hatches a

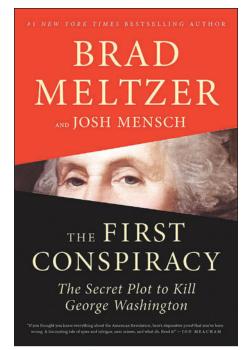


image provided

plan to assassinate Washington. By promising generous gifts of cash and land, many jumped aboard and joined this treasonous plot. It shows how close America was to losing the Revolutionary War and how hard the battle was for Washington.

In 1776, New York City had a population of about 25,000 making it the second largest city in the colony after Philadelphia. Washington, while not perfect, had character and an unimpeachable code of personal honor.

He valued integrity, duty and trust. One could only imagine how he felt when it was discovered that one of his favorite guards, Thomas Hickey, was in on the plot. Others close to him were also involved, including his personal housemaid. When Hickey was courtmartialed, the entire army was

ordered to watch as he was hanged.

The First Conspiracy is a historical page-turner. Of course, we know Washington survived, but it's still a breathless tale. I came away from reading this book with a new respect for Washington, a man who would become our first president.

School Smart



by Shelley M. Greggs, NCSP

Shelley, My daughter is in kindergarten and doesn't seem interested in reading. I want to help her at home, but we don't have

much time together in the evening and I don't want to have to fight with her to get her to read. What can I do to help her and make our time working on reading fun?

Henry G, Cape Coral

Henry,

You have asked a great question. So many parents want to help their children in becoming strong readers but are not sure how to go about the process. Children mature at different rates, as do their reading skills, which typically emerge between the ages of 4 and 7. I'd like to recommend two strategies that you could use to encourage your daughter's interest in reading.

The first thing you can do is to become a role model for her. Let her see you reading books, magazines, newspapers or even e-reader devices. Tell her how enjoyable it is to read. Another easy to implement and highly successful technique to use with pre-readers is called dialogic reading. This is simply interactive shared picture book reading practice. During the

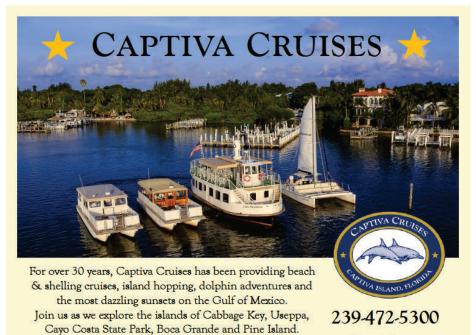
shared reading practice, the adult and the child switch roles so that the child learns to become the storyteller with the assistance of the adult, who then becomes the engaged listener and questioner. In other words, you and your daughter take turns "reading" the pictures to each other. Questions to ask during this process should be simply the five whys: the who, what, when, where and why of the story. This simple technique develops so many important pre-reading skills including communication and language competencies, and it's a great way to spend valuable time with your child.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

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Sailing by Peter Zell

Artist To Exhibit Works At Bank

anibel Captiva Community Bank is exhibiting art by Sanibel Captiva Art League artist Peter Zell through February 25. There will be an artist reception on Thursday, February 20 from 4:15 to 5:30 p.m. at the bank's 2475 Library Way location. Light snacks and refreshments will be served.

image provided

Zell is a popular oil painter whose work is sought after by collectors. Since retiring from his law practice in California and moving to Sanibel 14 years ago, he has won many awards from arts organizations in Southwest Florida.

Zell was nominated for best new artist in the Angels of the Arts competition in Fort Myers in 2008 and featured as an emerging artist by Grandeur Magazine in Fort Myers. He has also been profiled in Gulfshore Life magazine. Times of the Islands magazine featured an article

on Zell and his artwork in its February/ March 2019 issue.

Having participated in numerous solo and group shows on Sanibel, Captiva and Fort Myers, Zell currently shows his

paintings at 2 Islands Gallery on Captiva and at BIG ARTS on Sanibel. He is an active member of Florida Artists Group and a past-president of the Sanibel Captiva Art League.☆

Documentary Screening At *`Ding' Darling*

Tinner of the Australian Academy of Cinema and Television Arts' award for best cinematography in a documentary, BLUE delves into the ocean realm at a critical moment for marine life. The 8th annual "Ding" Darling Wednesday Film Series continues its biweekly showings on February 19 with a free airing of the documentary at 1 p.m. in the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center.

The 76-minute documentary dissects the impact of industrial scale fishing, habitat destruction, species loss and pollution on the future of sea life on the brink of mass destruction.

'Ding" Darling Wildlife Society-Friends of the Refuge hosts the season's free film showings with sponsorship from Sanibel Captiva Beach Resorts. Seating is limited and on a first-come basis.

A short discussion follows each film to allow visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched.

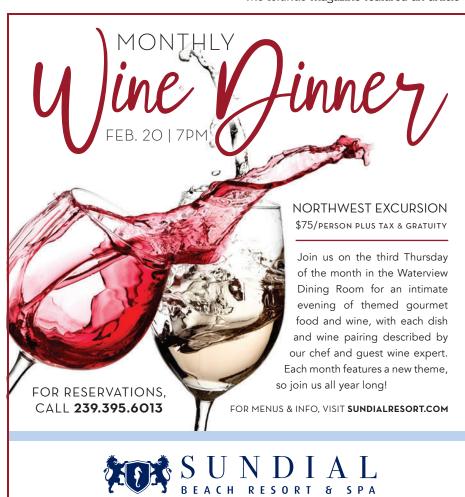


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The remaining season's airings are as follows:

March 4 – Ghost Bird March 18 – The Swamp

April 1 – Bird of Prey For full descriptions of the films, visit www.dingdarlingsociety.org/articles/ lecture-and-film-series.



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Violin Virtuoso To Perform At BIG ARTS

achel Barton Pine was 3 years old when she first heard violin music in church. "I stood up in the pew and said, 'I want to do that,'" said Pine. "Like that was the core of my being... I just loved the sound of the violin."

On Sunday, February 16, Rachel Barton Pine will perform at BIG ARTS with pianist Matthew Hagle, with whom she has released two CDs. They will perform Chevalier de Saint-Georges' Sonata No. 2 in A major; Beethoven's Sonata No. 9 in A major, Op. 47, Kreutzer; Brahms' Sonata No. 3 in D minor, Op. 108; and William Grant Still's Suite for Violin and Piano.

Pine said the Beethoven sonata is one of the hardest pieces for violin that Beethoven ever wrote.

Pine travels with her young daughter, Sylvia Pine, who is also a violinist. But Sylvia's first love is composing.

Something that always comes up when Pine is mentioned is the accident that caused her to lose a leg and be subjected to dozens of surgeries. At age 21, she became trapped in the door of a Chicago commuter train as she was attempting to exit and was dragged 366

Recovery took about two years. Still, she doesn't find that tragedy any more extraordinary than the positive things that have happened in her life, like



Rachel Barton Pine

photo by Lisa Marie Mazzucco

"falling in love and having my child. Having a strong and happy marriage" to health care executive Greg Pine. "Why is it that stress is prioritized above joy?" she said. "(The accident) was another roadblock, but it certainly wasn't the only one. The challenges of my childhood really formed me."

Pine debuted with the Chicago String Ensemble at age 7, and with the Chicago Symphony at age 10. She

was the first American and youngest gold medal winner of the International Johann Sebastian Bach Competition in Germany in 1992.

Her Global HeartStrings program supports aspiring classical musicians in developing countries. Closer to home, her Grants for Education and Career

program helps young students with the expenses traditional scholarships don't cover. That and an instrument loan program have helped more than 80 young artists.

For tickets, call 395-0900 or visit www.bigarts.org. BIG ARTS is located at 900 Dunlop Road on Sanibel.☆

Lecture At Captiva Library With Local Author

ward-winning local author Charles Sobczak will give one Lof his "eco-tainment" lectures at the Captiva Memorial Library on Wednesday, February 19 at 4 p.m. The public is invited to attend the free program. The PowerPoint presentation will run approximately 45 minutes with a short question-and-answer session to

Titled The Changing Face of Nature, this lecture will explore how wildlife has wrapped its behavior around the urban, suburban and exurban environments that have been created over the past 100 years. Included in this new urban habitat are animals such as the raccoon, coyote, white-tailed deer and birds, such as the fish crow, cowbirds and their predators, such as the falcon

He will also make note of how much people have changed in the past several decades, moving away from shooting these animals with a gun to shooting

them with a camera, and how humans allow these animals to live alongside them in the fastest-growing habitat on earth. Copies of his books, including the new 2020 edition of *The Living* Gulf Coast, will be made available after the lecture. Seating is limited, so early is recommended.

Captiva Memorial Library is located at 11560 Chapin Lane on Čaptiva. For more information, call 533-4890.☼

Book Signing

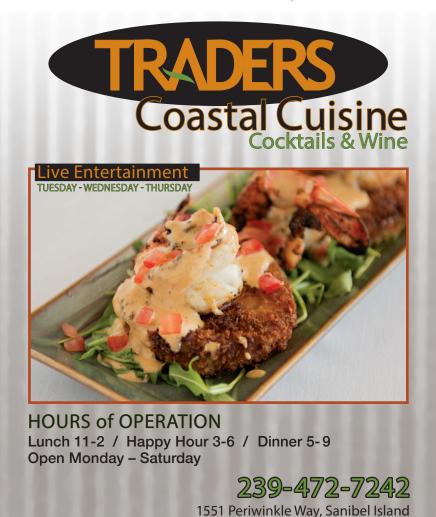
here will be a book signing at Sanybel's Finest on Sunday, February 16 from noon to 2 p.m. Authors Betty Anholt and Charles LeBuff will be signing Protecting Sanibel and Captiva Islands, a book they co-authored.

Anholt's first novel is titled Turtle Coast. LeBuff's book collection includes Sanybel Light, Sea Turtles of Southwest Florida, Florida Crocodiles and The Audubon Warden.

Sanybel's Finest is located at 1700 Periwinkle Way, Unit 8 inside Jerry's Center on Sanibel. For more information, call 472-6776.

TradersSantbel.com





Improbable Tales Of Real Florida Topic Of Lecture

eff Klinkenberg engaged a professional symphony orchestra tuba player to determine whether bull gators would respond with thunderous bellows to a low B-flat note during mating season; thus the name of his book Alligator in B Flat. The award-winning journalist will present two programs in the admission-free JN "Ding" Darling Visitor & Education Center on Friday, February 21 beginning at 10 a.m. and 1 p.m.

Subtitled Improbable Tales from the Files of Real Florida, Klinkenberg's

collection of essays covering all facets of life in Florida were culled from nearly 40 years as a chronicler of Florida culture for the Tampa Bay Times, formerly the St. Petersburg Times. In 2018, his latest book, Son of Real Florida: Stories from My Life, was published.

'Nobody writes about the real Florida with as much insight and affection as Jeff Klinkenberg," said award-winning Florida columnist and novelist Carl Hiaasen. "His essays – spanning the length and breadth of this intoxicating, infuriating state – are pure gems.'

Following his presentations, Klinkenberg will sign copies of his books, which are available for purchase in the Refuge Nature Store, all profits from which benefit refuge conservation and education programs.

HighTower/Thomas & Swartz



Jeff Klinkenberg sloshing through Fakahatchee Strand waters in the Everglades

photo provided

Wealth Management and Sanibel Carts co-sponsor the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures take place every Friday at 10 a.m. and 1 p.m.

Seating is limited and available on a first-come basis. Staff will begin handing out free-admission wristbands to those in line for the lectures at 9 a.m. for the morning lecture and 11:30 for the afternoon lecture. Wristband wearers can save seats with personal items and then can explore the Visitor & Education Center or Indigo Trail before the lecture

starts. Saved seats must be filled 15 minutes before lecture. DDWS will be filming Klinkenberg's lectures and broadcasting them on Facebook Live at www.facebook.com/dingdarling.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

JN "Ding" Darling Visitor & Education Center is located at 1 Wildlife Drive on Sanibel. For more information, call 472-1100 ext. 241 or visit www. dingdarlingsociety.org/articles/lectureand-film-series.☆

Top 10 Books

- 1. Salt River by Randy Wayne White
- 2. Dear Edward by Ann Napolitano
- 3. Long Petal of the Sea by Isabel
 - 4. Dutch House by Ann Patchett
- 5. American Dirt by Jeanine
- 6. Daisy Jones & the Six by Taylor Jenkins Reid
- 7. Book Woman of Troublesome Creek by Kim Michele Richardson
- 8. Alice Network by Kate Quinn
- 9. Naked Came the Florida Man by Tim Dorsey
- 10. Shell Shocked by Jennifer Schiff Courtesy MacIntosh Books and Paper.☆

From page 1

Captiva Loner

will collaborate with Tanja Holzhey, to present the biography of Black Bart Holzhey. A historian and editor at a publishing house, Tanja is also a blood relative of this reformed criminal. She and Dr. van Tussenbroek have been working on this project since 2012, following Holzhey's path from Germany, to Michigan, to Wisconsin and finally to Captiva.

Tickets are \$10. Seating is limited, so reservations are recommended. Tickets can be purchased at www.eventbrite. com, www.captivaislandhistoricalsociety. org, or by calling 472-2323. Captiva Civic Center is located at 11550 Chapin

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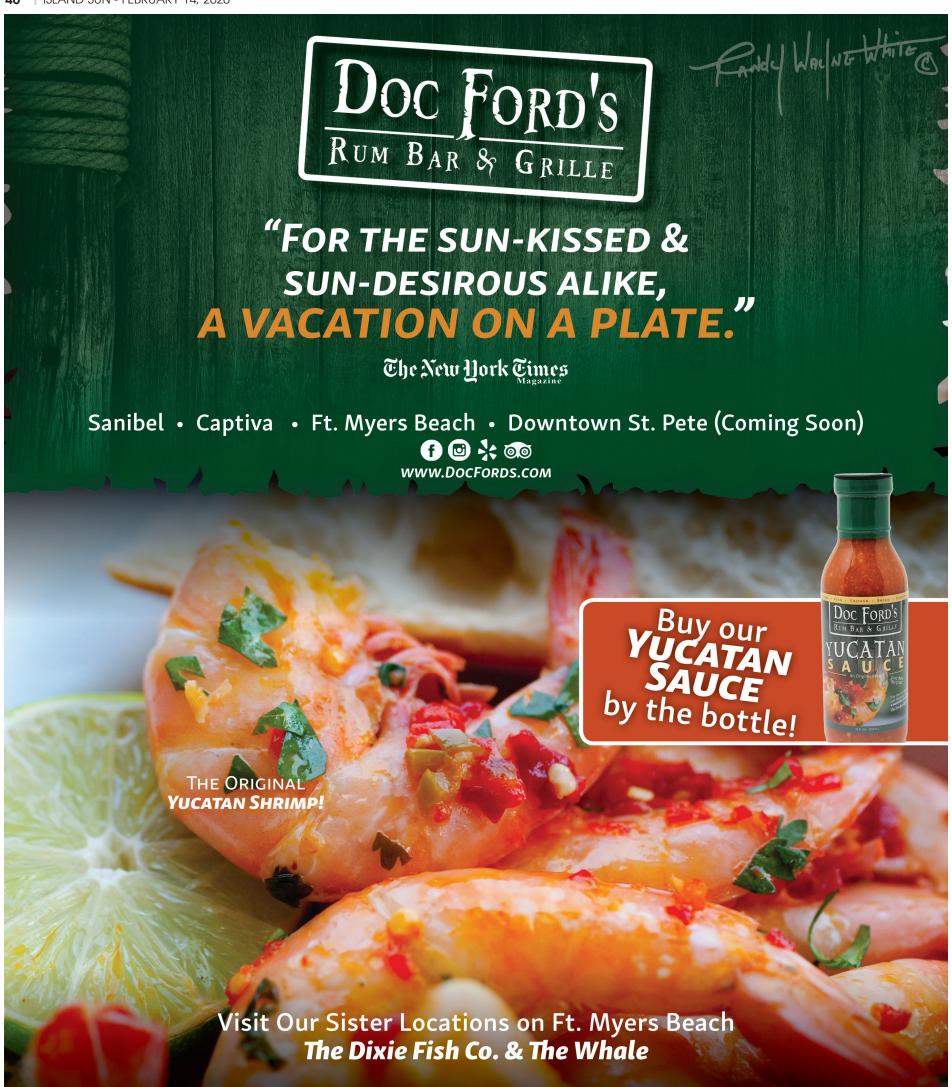
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VOL. 27, NO. 33

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 14, 2020

Zonta's Home Tour Features Contrasting Styles

submitted by Sue Denham

A s loyal "Peekers" know, the Zonta Club of Sanibel-Captiva promises rare experiences on its annual home tour, A Peek at the Unique, which raises funds to support organizations whose work empowers women.

Set for Saturday, March 14, the 19th annual Peek will again provide the familiar guided tour of normally inaccessible island homes. Tickets are \$100 each (\$90 for afternoon departures, if available) plus a small service fee and available at www. eventbrite.com.

This year, a fresh twist: the tour will feature two homes owned by couples who are friends, connected through shared talents, interests, philosophies and love for this sanctuary island, but whose living spaces present unique



Exterior of the new home of Dick Fortune and Sara Lopez photos provided

contrasts.

Charles Sobczak and Molly Heuer, Sanibel residents since 1984, have created a home space that is uniquely



Exterior of the 40-year-old home of Charles Sobczak and Molly Heuer

personal. Sobczak, longtime realtor and published author of 10 books, and his wife Molly, an avowed environmentalist, raised two sons there and live what they advocate. Nestled in a quiet neighborhood steps from Bailey's General Store, their 40-year-old home continued on page 24B

Unforgettable Evening At Night To Shine

by Brian Johnson

ight to Shine was held this past Saturday and it was an evening to remember for 102 special needs individuals. This was the second year the event, which is part of the worldwide Tim Tebow Foundation, was held at Sanibel Community Church.

"It was incredible," said Sharon Miller, who handled communications for the steering committee. "It was inspirational to see the joy on their faces."

There were 220 volunteers and 120 family members who participated in the evening's activities.

The honored guests arrived in style in a limousine and walked the red carpet with their escort to awaiting paparazzi in a scene with all the trappings of Hollywood. They posed for photos against a glamorous backdrop and then carried on to the hall to the hair and make-up stations as well as shoe shining areas.

The evening featured activities like karaoke and dancing, and a catered dinner – all leading up to the crowing of of a king and queen for the prom and a video message from Tim Tebow.

"It was a message of love for our



Guests walked the red carpet into the prom photos by Brian Johnson

honored guests, who are one of the most underserved populations in the world," said Miller. "They spend most of their days not knowing they are loved."

During the prom, family members sat together for a meal in Fellowship Hall at the church and shared stories and experiences with each other as they watched the event stream live. Later they walked to the Sanctuary to watch the Tebow video.



Benjamin Miller with his buddy, Annie Williams

"One lady's son has cancer so it was a big deal for them to have this time together," said Miller.

Her husband, Jerry, served as chair of the steering committee and her son, Benjamin, 45, who lives in CHR housing on Sanibel, took part as a guest. "He stood and danced with me and was just thrilled," said Miller.

Each of the guests left the prom-themed evening with a framed photograph.

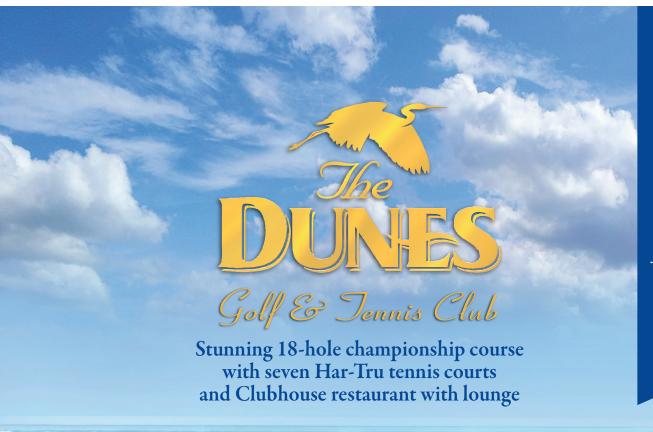


Dancing at Night to Shine

The night included a team of health professionals and special educators, making it a safe and secure event.

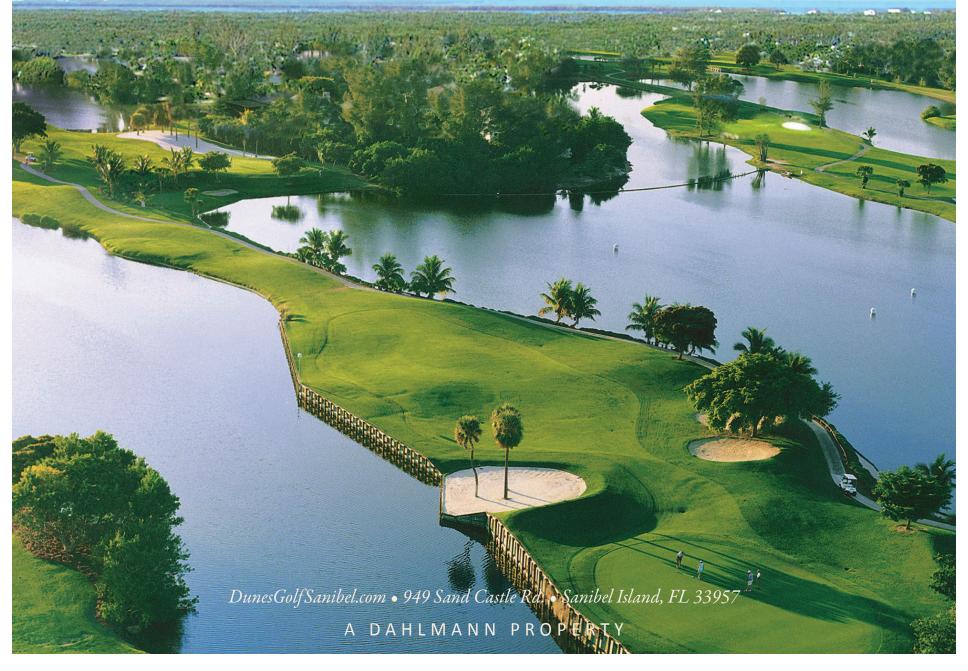
Miller welcomes volunteers for next year as they continue to grow the event. Interested parties can visit their Facebook Page Sanibel Church Night To Shine 2020 to see photos and the local church highlight video during the next month.

Night to Shine was hosted by 721 churches in 50 states and 34 countries.❖



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The WoW team, from left, artist David Williams, Supervisory Refuge Ranger Toni Westland and DDWS Development Officer Sierra Hoisington recently tried out the WoW mobile classroom

Donors Fund Truck Purchase For Mobile Classroom

he "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) recently received a donation from the Bluedorn Family of Sanibel Island and Dallas to purchase a heavy-duty truck to tow the "Ding" Darling Refuge's Wildlife on Wheels (WoW) mobile classroom.

'That was the last piece of the puzzle to put together the 'traveling refuge' unit to extend the refuge's educational reach to at-risk communities and people in the five-county area who are unable to visit 'Ding' Darling," said DDWS Executive Director Birgie Miller. "We are so thrilled that Barbara Bluedorn found the project captivating because of the importance of its outreach mission to her family."

The WoW mobile classroom will travel to distant schools, libraries, after school programs, events and other venues to teach and inspire people of all ages to save and protect land, water and the wildlife that need that habitat to

The educational WoW project for the JN "Ding" Darling National Wildlife Refuge began with an anonymous \$100,000 family grant last spring. Later, another donor contributed a \$50,000 challenge grant that brought in another \$100,000 toward the project's completion. Donations have arrived from refuge friends and education supporters across the country.

'All of the donors to this longdreamed-of project believe in education as the key component to making a difference in protecting what is left in our world for the wildlife and the people who depend on it," said Supervisory Refuge Ranger Toni Westland, who leads the project with DDWS Development Officer Sierra Hoisington. "We are always looking for new and creative ways to engage people of all ages in conservation. We

continued on page 4B



Artist rendering of the WoW mobile classroom

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4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

\$1,329,000

678 Durion Court



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$649,000

Sandalfoot #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan. \$674,000

4014 West Gulf Drive



Brand new custom home across from beach access 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks, native vegetation, oversized salt water pool. Gulf view, an exceptional home!

\$3,699.000

www.SanibelCaptivaRealEstateGuide.com

Locations In Sanibel and Captiva 2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva The Sanibel Captiva Trust Company

Why Have A Family Meeting?

submitted by Robin L. Cook, CWS, Wealth Services

veryone has faced **⊿**situations that seem too emotionally draining, or projects that are complex and laborious - both of which are easy



Robin Cook

to put off until another day. It's human nature. We find this is often the case when clients are reviewing their estate plans and considering whether to talk with their heirs about their intentions. Sometimes when a family meeting is suggested, we hear, "Why do we need to do this?" or "I won't be here; they can sort things out after I'm gone," or "I'd rather my children didn't know.

We tend to feel more at ease once we understand why things have been established in a certain way. Your family's understanding of your wealth transfer plan, likewise, can translate to a more harmonious and successful transition for all involved.

Perhaps your assets will flow into irrevocable trusts to protect heirs for their lifetimes. Perhaps your estate plan was drafted to minimize taxes and maximize the ultimate payouts to beneficiaries and charities. You may have designed a trust to protect inherited assets in case a family member divorces or remarries. There are numerous scenarios that, when explained at the family meeting, can ease tensions and prepare the next generation for success.

Whether or not you disclose the amount of your estate, having the conversation now, in advance of you or a spouse passing, generally assures a smoother transfer of family assets. Often your estate planning attorney is at this meeting explaining the plan and spelling it out with flowcharts and graphics. These meetings provide children with

the opportunity to ask questions, gain clarification about expectations and seek guidance about how to manage the inheritance. Learning your children's views and wishes related to various assets in your estate, even years in advance, can be valuable as well.

A critical part of the family meeting entails discussing with your children successor trustee responsibilities and the duties of a personal representative (PR) in settling an estate. Being named trustee or PR as an individual is not an award. Rather it is a somber role that requires significant knowledge and oversight, and can expose the individual to personal financial liability. Trustee roles and responsibilities include management and investment of all the assets, accounting procedures, bill paying, making disbursements to family members for years, compliance and tax reporting.

Once family members understand the many duties and requirements of these roles, they will often redirect that burden to a corporate trustee or arrange for a corporate co-trustee. Since its founding, the trust company has been serving as corporate trustee or co-personal representative for an increasing number of families to protect their assets and ensure they are properly managed for beneficiaries.

A family meeting is a comfortable, effective forum to introduce your estate plan and the vision that brought you to this point. It is an opportunity to bring your children and other family members into the process of preparing for inherited wealth that could substantially change their lives. As your advocates, we are here to assist in conveying whatever details you wish to share about your estate – including your preferences and the reasons behind your wealth transfer decisions. Let us know if we may assist you in developing your first family meeting.

This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.☆

From page 3B

Mobile Classroom

are so excited about the possibilities of teaching and inspiring in hard-to-reach

communities through WoW."

Currently in its fabrication stage, WoW will be unveiled in late March as part of the refuge's 75th anniversary celebration. DDWS hopes to hire a coordinator-educator, who, along with volunteers and interns, will staff the museum-quality, hands-on exhibits inside and outside of the mobile classroom to maximize their inspirational learning potential.

Learning stations will interpret mangrove ecosystems, water quality, water conservation, pollution and plastic, animal scats and tracks, Florida's native animals, wildlife sounds and other topics that meet the refuge's mission.

Refuge staff, Lee County teachers, and a team of volunteers will draw on knowledge gained in the classroom to design the interpretative exhibits and programs that complement Florida educational requirements.

"The refuge will continue bringing schools here by bus -- nearly 5,000 students annually," said Westland.
"But our WoW mobile classroom will allow refuge staff to reach thousands of more kids and their families who are otherwise unable to experience the outdoors at the refuge.'

Anyone interested in making a tax-deductible donation for ongoing needs for the WoW project can contact Miller at 472-1100 ext. 4 or director@

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3767 W. GULF DR., SANIBEL

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Trevor Nette 239.281.4435



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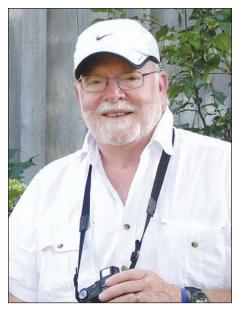
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Rick Bunting

photo provided

Photojournalist Returns For Audubon Lecture

Photographic journalist Rick Bunting will return to present a new program, entitled Florida Reflections, as part of the Sanibel-Captiva Audubon lecture series at 7 p.m. on Thursday, February 20 at The Community House. Bunting will again utilize his unique perspective and excellent photos to expand on nature here in Florida to reveal many of its interesting beings and their

ctivities

Bunting's program is suited for adults and school aged children. Bring your children or grandchildren for an interesting and educational experience. Children ages 16 and under are admitted at no charge.

According to Bunting: "It has been my good fortune to be able to spend a little winter time in Florida for the past 20 years. During that time, I have had many wonderful moments seeing and photographing a wide variety of birds alongside many fellow birders I have had the pleasure to meet. This program is a grateful snowbird's way of sharing some of those special birding memories with the members and friends of the San-Cap Audubon Society."

Bunting is professor emeritus from the Crane School of Music at SUNY Potsdam where he served as chair of music education and conductor of the renowned Crane Chorus. His retirement has allowed him to pursue his interest in birds and other wildlife. The idea of taking pictures evolved from a simple desire to share what he was seeing. That sharing has led to programs being presented to a variety of organizations including bird, garden and naturalist clubs, Audubon groups, and service, social and church groups. Bunting has also developed a personal online following of those who receive his almost daily photographic email updates.

This is the seventh of eight Sanibel-Captiva Audubon Society lectures to be held in 2020. As always, all are welcome to attend. Doors open at 6:15 p.m., and parking is available on site and across the street in the BIG ARTS Strauss Theater

parking area. A \$10 donation per adult attendee is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida. For more

information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.



From left, Nate, Derrick and John Grey

Family Business Sponsors Historical Village Gala

John Grey Painting & Renovations is a silver sponsor of the Sanibel Historical Village Gala, slated for Tuesday, February 18. The theme of the gala is It Takes a Village, and it will

photo provided

be held at The Community House from 6 to 10 p.m.

"The Sanibel Historical Museum provides both residents and our visitors an increasingly rare opportunity to connect with the simpler times of the past and learn about the rich heritage of our island's settlers," said John Grey.

The gala will include a buffet dinner and dancing. Tickets are \$135 per person and can be purchased by calling 472-4648.



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Lions Club members and friends at Sanibel Community Church

photo provided

Lions Club Helps Out With Food Packing

n February 1, the Sanibel Captiva Lions Club and friends participated in the Mobile Food Pack for Feed My Starving Children at Sanibel Community Church. The club was one of several groups that packed more than 200,000 meals to be distributed to over 70 countries to feed starving children. This is just one of the many ways that the local Lions club fulfills its mission to serve the local and worldwide community.

The Sanibel Captiva Lions Club holds regular dinner meetings on the first and

third Wednesday of the month during the year. Visiting Lions or other interested people are welcome to attend. For more information on the Sanibel Captiva Lions Club, contact Membership Chair Lion Steven Schulz at P.O. Box 391, Sanibel, FL, 33957, 233-6261, or visit www. sanibelcaptivalionsclub.org.☆

Local Named To Dean's List

7 ristin A. Van Olst of Sanibel was named to The University of Alabama Dean's List for fall 2019. To be eligible for the dean's list, students must have an academic record of 3.5 or

Speaker Discusses National Popular Vote Issues

submitted by Chris Schluter

Floridian's vote for president of the United States has only one half to one third the power of the vote of a resident of the nine least populous states because of the way electors are allocated.

Our current presidential election process is highly susceptible to tampering by outsiders, as was seen in the 2016 election. This was a great fear of our Founding Fathers.

Our current process depresses voter turnout in states that are viewed as reliably Republican or Democratic.

These and other issues were the topic of a recent presentation on the National Popular Vote by Jan Lonsdale of Fort Myers at the Sanibel League of Women Voters monthly luncheon. The National Popular Vote Interstate Compact will make every vote relevant in every presidential election, and it works within the electoral system set forth by the Constitution, so it does not require a Constitutional amendment. It is designed to honor the will of the American people.

Lonsdale, a leader in the Floridians for the National Popular Vote movement, outlined the history of and problems with the current election process and the way that the National Popular Vote would resolve the problems. She pointed out that the president and vice president are the only elected officials in this country



Jan Lonsdale

who are not elected by popular vote. The National Popular Vote Compact has been passed into law by 15 states and the District of Columbia (196 electors) and has been passed by one or both legislative chambers in eight more states (75 electors). A hearing on the National Popular Vote has been held by at least one legislative committee in 17 additional states. When 270 electors represent states that have passed the National Popular Vote Compact, the president and vice president will be elected by the popular vote.

The Sanibel League of Women Voters presents a luncheon and program on important topics on the third Thursday of each month during season at Sundial Beach Resort & Spa. For more

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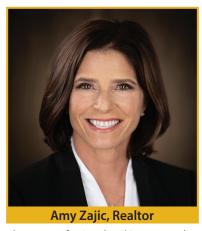








John Naumann & Associates is pleased to announce Amy Zajic to our professional team



Amy is a knowledgeable real estate professional and is a very welcome addition to the John Naumann & Associates family.

Originally from Baltimore, MD Amy is a graduate of Tulane University. After college she settled in Fairfax Station, VA with her husband, Joe and two children Ben and Jennie.

Amy has been vacationing on Sanibel for over thirty years and now is happy to say, "I am a local and live on the island". She is excited to be a part of the Sanibel, Captiva and Southwest Florida Real Estate community and to help you achieve your Real Estate needs.

John Naumann & Associates, established in 1975, continues to be a leader in the Southwest Florida Real Estate market, we and Amy welcome the opportunity to be of service to you.

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Information Security Officer Named At Bank

dison National ■ Bank/Bank of the Islands
President Robbie Roepstorff recently announced that Lenor Mason has been appointed the bank's information security officer. Mason will also retain her current officer position as senior vice president, director of



Lenor Mason

information systems, in which she oversees Edison's use of technology and systems for

the delivery of products and services to its banking customers.

Lenor brings more than 30 years of diverse banking experience to this important new role," said Roepstorff. "She was one of Edison's very first employees and remains a valued member of our

As information security officer, Mason will oversee all areas of the bank's information security program to ensure both regulatory compliance and protection of the bank's information systems and data. In addition to and complementary with her other responsibilities, Mason has also been designated as the bank's disaster preparedness officer.

Throughout her banking career, Mason has continued her professional education, most notably by becoming a graduate of the Florida School of Banking. A long-time resident of Lee County, she is active in the bank's community service efforts.

Promotion At Trust Company

Tancy Hackett has been named chief financial officer at The Sanibel Captiva Trust Company. Hackett has more than 25 years of experience in accounting and oversees all aspects of the trust company's operating Nancy Hackett budget and applications, while



managing expense projections to support the firm's growth.

'Nancy has done an outstanding job at the trust company over the last five years and managed the firm's finances during a

time of tremendous growth and expansion to new markets," said S. Albert D. Hanser, founder and chairman of The Sanibel Captiva Trust Company and holding company SanCap Group, Inc. "We could not be more confident in her abilities to see us into the future."

Hackett also collaborates with the chief compliance officer and independent financial audit teams on a regular basis. She is an integral partner in the firm's strategic planning effort. Prior to joining The Sanibel Captiva Trust Company, she was director of finance at software company Five9, Inc., followed by Aggressor LLC. She also served as a project manager and consultant to Oracle and PeopleSoft in Northern California for several years. After earning a bachelor of business administration in accounting from Eastern Michigan University, she earned her Michigan Certified Public Accounting designation. Hackett is located in the company's Naples office.☆

Biology Intern Joins Refuge

iology intern Haley Miller **J**joined the team at JN "Ding" Darling National Wildlife Refuge in January and plans to stay until early August as part of the refuge's longrunning internship program supported by the "Ding" Darling Wildlife



Haley Miller

Society-Friends of the Refuge (DDWS). Miller, originally from Haverhill,

Massachusetts, most recently worked as a research assistant at the Marine Biological Laboratory in Woods Hole, Massachusets. In 2018, she graduated from Chapman University in California with a bachelor of science degree in environmental science and policy. Concurrently with her "Ding" internship, she is working on a master's degree in forest resources at Clemson University in South Carolina.

"I love the enthusiasm I've seen

from day one from refuge staff and volunteers," said Miller. "Their acknowledgement of how special this place is and their dedication to continue to protect its habitat is inspiring."

Miller looks forward to joining the refuge's ongoing mangrove fertilization study and will begin working on her master's thesis about understanding mangrove water use efficiency.

'My project's main focus will be on mangrove physiology as it relates to growth within the fertilized study plots," she said. "I've also enjoyed conducting wildlife surveys and the excitement of responding to calls to assess wildlife who potentially are in need of aid."

DDWS provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns

with free housing.
Supervisory Refuge Ranger Toni
Westland said, "We are so grateful to the 'Ding' Darling Wildlife Society for making our internship program possible. Our interns help keep the refuge running in this era of slim staffing budgets."

For more information about internship, contact Westland at 472-1100 ext. 237. To support the program, contact Birgie Miller at 472-1100 ext.

THE SANIBEL CAPTIVA TRUST COMPANY 2020 Speaker Series

All programs are held from 9:30 - 11:30 AM Sanibel Community House 2173 Periwinkle Way | Sanibel

TUESDAY, FEBRUARY 25 Protecting the Inheritance You Leave Your Loved Ones

Craig R. Hersch, P.A. Shepard, Brett, Stewart, Hersch, Kinsey & Hill, P.A.

Many estate plans are vulnerable to common dangers such as divorce, creditors, malpractice cases, car crashes or business lawsuits. Learn the latest estate planning strategies that will protect your loved ones when you're no longer here to protect them yourself.

TUESDAY, MARCH 10 Election Results and Your Portfolio

Timothy P. Vick, Director of Research Edwin C. Ciskowski, CPA - Senior Vice President, Senior Portfolio Manager

Will a Democratic or Republican White House affect investors' portfolios? We will look at the historical results. as well as what is ahead in domestic and global industry for the answers.

TUESDAY, MARCH 31 The Seven Deadly Financial Sins

Robin L. Cook, CWS and Steven V. Greenstein, CTFA. Wealth Services Advisors

No matter how long you have been saving, investing or overseeing your taxes, we have a few tips to help boost your wealth plan to possibly save you money and aggravation.

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Beautiful curb appeal, updated kitchen & baths, 3 bed, 2 bath, 1831 sq ft. Spacious screened lanai overlooking golf course & lake. 2 car garage.

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1031 SAND CASTLE RD • SANIBEL

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9128 MOCKINGBIRD DR • SANIBEL

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1567 SAND CASTLE RD • SANIBEL

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987 SAND CASTLE RD • SANIBEL

Enjoy spectacular views from this serene setting. Spacious & open layout with several outdoor spaces, vaulted ceilings & more! 4 bed, 3.5 bath, 2370 sq ft.

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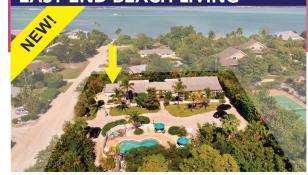


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Fred Bondurant

"The Captain" Broker Associate 239-281-5356 Fred@GoKingfisher.com

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investment property.



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Serene, private West End island retreat with relaxing, screened pool & lanai. Coastal cool home, 3 beds and 2.5 baths. Close to Bowman's Beach & Blind Pass.

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1056 S YACHTSMAN DR • SANIBEL Bay/Gulf access canal home with 3 bed, 2 bath, 1682 sq ft has been recently updated. Enjoy pool, screened lanai, and 2 car air conditioned garage. Recently updated dock.

OFFERED AT \$879,000

ISH of SanCap appointed new members Evan George, Esq., Dr. Jim Metzler, PhD, and Kathy Samson to its board of directors. Sheridan Snell has been named board chair; Nicole McHale will remain on the board as past chair; and John Morse has been named emeritus.

"FISH is for eveyone," said Snell. "We could not be our islands' social services agency without our more than 175 dedicated volunteers, financial backing of our generous donors and our community partners. From our food pantry, to Helping Hands, to our educational programming and senior services, we remain committed to offering something for all our neighbors."

Evan relocated to Sanibel in 2018



George Evan, Esq.



Dr. Jim Metzler

with his wife Eva and their three young daughters. He is an attorney with 15 years of experience in immigration law and deportation defense. He operated his own law office for over a decade and is currently a partner at George & Cabrera PLLC. Evan has been a leader in North Florida in providing pro-bono legal services to indigent asylum seekers and battered migrant women. From 2015-18, he served as an adjunct professor at the University of Florida Law School. Previously, he



Kathy Samson



Nicole McHale

spent three years in New York City

from the University of Florida Law

representing individuals seeking asylum

and deportation defense. He graduated

School, while concurrently completing

a master's degree in Latin American

Dr. Metzler earned his PhD in

mathematics from Boston University

Bentley and Northeastern universities.

and was on the faculty for Drew

He also worked for the National

Security Agency, AT&T, NYNEX,

and was responsible for software

of computer networks, product management and running a consulting

organization. During the last half of his career, he operated his own

Prime Computer, Digital Equipment Corporation and Yankee Group,

development, mathematical modeling

company focusing on helping Fortune

500 companies successfully negotiate

technology transitions. Dr. Metzler

and his wife, Sarah Ashton, are full

time residents of Sanibel since 2001

and co-chair "Ding" Darling Wildlife

to the Everglades Coalition. Samson is the owner of K&J

Society's advocacy committee where Jim is the delegate from the committee

Samson, Inc., a full service advertising

agency on Sanibel. When her family

decided to move to Florida, she sold

in Battle Creek and Kalamazoo,

Michigan for 20 years. There she

grew a diverse client base to over 70

clients, a motivated and productive

her company, GreenStreet Marketing, after successfully running offices



John Morse

Center.



Sheridan Snell

staff and a solid regional reputation. Prior to GreenStreet, Samson worked for the Gannett Company for 25 years. She was part of the USA Today launch team, served as the worldwide advertising director, worked with the Gannett media sales team and was part of the strategic executive team. Samson has served on the Humane Society and Junior Achievement boards and currently serves on The Community House boards. She has received a variety awards such as a Distinguished Alumni Award, Chamber of Commerce Business of the Year, as well as national and international industry awards for creativity. Samson and her husband own Malia Island Fusion Cuisine at the Sanibel Island Golf Course and Spoondrift Island Bowls at Bailey's

"We look forward to a new year which will see a larger, remodeled food pantry, enhanced service offerings and an increase in our collaborative impact with other island nonprofits," said Snell. "FISH looks forward to your being an integral part of our continued success. With your support, we will build a better future for all in our community."

FISH is the only human services organization on Sanibel and Captiva. For more than 38 years, FISH has been a "neighbors helping neighbors" organization offering a wide range of human services. To learn more about the programs and services of FISH, contact Alicia Tighe, executive director, at 472-4775 or visit www.fishofsancap. org.

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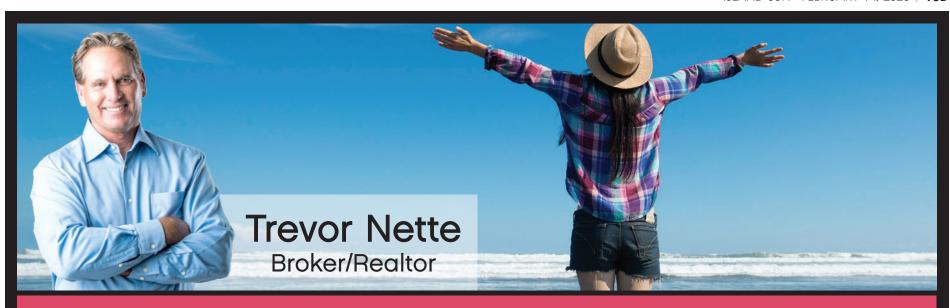
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Communities At Risk Under State Preemption



submitted by Larry Schopp, Cháir, COTI Land Use Planning Committee

anuary 14 marked the beginning of the 60-day Florida legislative session.
If history is a guide, that's a period that

should cause a bit of anxiety for all of us, but especially for people concerned about the preservation of local home rule. Of the thousands of bills pre-filed by legislators were a handful of preemption measures, one of which in particular should set off alarm bells for anyone who believes residential neighborhoods are important to our social fabric.

HB 1011 and SB 1028, its senate companion bill, would completely eliminate local regulation of short-term rentals, including neighborhood specific limitations on their duration. Instead. it would treat them like hotel rentals with a "one size fits all" set of state regulations justified, judging by the legislative findings, by an expansive view of property rights – but also calculated to maximize tourism and the bed tax.

The state preempted local regulation of the duration of short-term rentals in 2011 but grandfathered cities like Sanibel that had laws in place at the time. Though Sanibel appears for now to be largely off the hook because its regulations on duration of rentals would remain grandfathered under HB 1011, it would take the deletion of only one sentence during hearings to void those regulations. But we're not entirely off the hook. The city's recently enacted ordinance requiring licensing and registration of rental properties would be nullified, making it difficult to monitor and police rental practices. For that reason and because we believe preemption of short-term rentals tramples home rule, we are opposing HB 1011 and its companion bill.

Leading up to a scheduled January 21 hearing, Committee of the Islands (COTI) wrote members of the House Subcommittee on Workforce Development and Tourism to let them know why it opposes HB 1011 starting with the flawed legislative findings that are its underpinning. Here is what we told committee members:

"Among the findings recited in HB 1011 is an expansive view of constitutionally protected property rights relating to "vacation rentals." Property rights are not absolute. They are subject to reasonable restrictions that further public health, safety and welfare. Otherwise we would not have local zoning, the very basis of community planning recognized by state law. While few would suggest that home owners may be barred from renting their homes

at all, restrictions on the duration and frequency of vacation rentals and their regulation in ways that accommodate tourism is not unreasonable. HB 1011 lacks balance in that it fails to take into account any reasonable local interest in regulating vacation rentals.

Troubling as well is the finding in HB 1011 that, "Vacation rentals are residential in nature." Residences are places people call home. When we spend a long weekend or week at a beachfront resort, we don't consider that resort our residence. Our residence is the place we return to when the vacation is over. It's the place where we have neighbors with whom we interact socially and depend on in times of stress or emergency. That's the essence of a community, and it's not found in resorts.

Our fear, born out already, is that when homes in residential neighborhoods are converted to vacation usage – that is short-term rentals of a week or less – the sense of neighborhood is lost and the conversion to vacation usage escalates. With the substitution of vacationers for true residential occupants, a neighborhood loses its essential character and becomes an array of small resorts with anonymous interval occupants coming and going.

In communities like Sanibel, the social fabric is based largely on volunteerism - residents giving of their time and energy to further local societal values like helping neighbors in need or protecting sea turtles eggs on the beach from predators. Volunteers are residents - people who live in a community - not

vacationers. If you as legislators treat vacationers as residents, you risk destroying, over time, the very basis of volunteerism in our local communities. We see that happening already and fear that if HB 1011 is enacted, it will simply speed up that process.'

There was overwhelming opposition to HB 1011 from speakers representing cities throughout Florida and just a few comments in favor of the bill during a hearing before the House Subcommittee on Workforce Development and Tourism on January 21. When the comment period ended, the committee favorably reported HB 1011, with a few suggestions for improvement. Both HB 1011 and SB 1028 must still clear two more committee hearings before they're sent to the house or senate for a vote but they appear to have momentum.

According to the Florida League of Cities, seven in 10 voters believe local governments, not the state, should govern short-term rentals. Judging as well by comments made at the January 21 hearing, home rule matters to Floridians, particularly when their neighborhoods are affected. Legislators need to listen to what their constituents are saying and significantly improve or short circuit these bills before they reach the full House and Senate.

COTI invites your input on this and other issues affecting our island. Send an email to coti@coti.org. Mail may also be sent to COTI, P.O. Box 88, Sanibel, FL 33957. To read our past commentaries on island issues, visit www.coti.org. Or visit Committee of the Islands on Facebook.⇔











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SATURDAY, FEBRUARY 15 • ALL DAY • 10 AM - 4 PM

Mariner Pointe 421 – 760 Sextant Dr Spacious townhouse with great Bay views! Gut renovated, contemporary style, 2BR, 2.5BA, walk out enclosed lanai to open lawn and pool area. §639,000

Yacht Haven 2 – 800 Sextant Dr
BOATERS! Private boat slip and lift on direct canal access to Gulf, 3BD/2BA condo
with amazing Bay views & 2-car garage. §1,029,000

1717 Sand Pebble Way – Lagoon EstatesBeautifully updated, over an acre, ground level on the Sanibel River. 1800 tsf, 2-car garage, end of cul-de-sac, new paver driveway & new landscaping. ⁵619,000

4701 Rue Belle Mer - Chateaux Sur Mer

Gulf front 4BR, 5BA pool home, breathtaking Gulf views, light & bright kitchen, dumbwaiter, wood floors, 2-car garage, electric shutters & more. \$3,595,000

10 AM - 12:30 PM

1345 Eagle Run Drive – Beachview Estates Luxury 3BR/2.5BA Pool Home, River & Golf views, private backyard beach, lower level storage. §1,049,000

1480 Middle Gulf Drive

Immaculate and spacious 4 bedroom near beach home with water and golf views. Convenient mid-island location. \$1,650,000

2323 Wooster Ln - Sanibel Professional Center

Rarely Available - Commercial condo located in the Sanibel Professional Center. Great opportunity in a great location. Furnished w/ Exceptions. REDUCED! \$209,000

610 Hideaway Ct – Sea Oats

Beautiful 3 BR/2 BA home, Backs up to Conservation Land, Vaulted ceiling and Fireplace, 2nd Floor Master w/balcony, Deeded Beach Access REDUCED \$609,000

1-4 PM

15660 Light Blue Cir – Hendry Creek Fort Myers
Boater's Paradise! 4 BR, 3.5BA Pool Home on Gulf Access canal with boat dock & lift. Open floor plan with pocketing sliders open to expansive outdoor living & kitchen area. 5949,000

1039 Sand Castle Rd – DunesLike New 3BR, 3BA + Office, 2 Masters, Long Lake Views, Meticulous Details & Upgrades, Huge Storage & Garage. ⁵999,000

822 Beach Road

Canal front duplex, 2/2 each side. Boat dock serves both sides. Live in one side; rent the other. Mostly renovated; screened porches overlook the waterway. §819,000

1358 Sand Castle Rd - Dunes

Lake front 4BR/3.5BA olde-Florida style home on private 1/2 acre, lg pool, fireplace, gourmet kitchen, wood beamed ceiling, Butler's pantry, Master suite on 1st Living Level, separate den/office, 10' ceilings. \$1,100,000

1271 Par View Dr – Beachview EstatesVery near beach and golf course views. 3BR + den home w. screen-enclosed pool. Private lift, impact glass, new roof. \$939,000

1285 Par View Dr – Beachview Estates

"Built to last", over 2700 SF under air, home with screen-enclosed pool. Tons of storage. Great value! \$849,500

Moonshadows 1F - 1350 Middle Gulf Dr

3BR/3BA Townhouse with Sanibel River Views, LR & FR, Glass-Enclosed Lanai, Screened Front Porch, Community Pool, Tennis, Across from the Beach. \$765,000

Kings Crown 112 - 2721 W Gulf Dr

Gulf views from this 2BR/2BA w/ den corner unit condo. Reduced! \$679,000

218 Daniel Dr – Seagull Estates

Beautiful lake views, 3BR, 2.5BA, vaulted beamed ceilings, fireplace, wood floors. Community pool, tennis, clubhouse, and beach access. \$745,000

405 Tiree Ct – BrightwaterNear Beach Pool Home, 3BR/2BA with updated kitchen and baths. Large yard, lake views. Deeded beach access within walking distance. \$735,000

1339 Tahiti Dr - Tradewinds

Charming near beach duplex in desirable Tradewinds Neighborhood. Deeded Beach Access. 5540,000

2010 Wild Lime Dr - Sanibel Bayous North

Lakefront, preserve, and wildlife views abound from this unique home. 4BR, 4BA, finished lower level, room for a pool, adjoining lot avail. 5729,000

SUNDAY, FEBRUARY 16 • ALL DAY • 10 AM – 4 PM

Yacht Haven 2 – 800 Sextant Dr
BOATERS! Private boat slip and lift on direct canal access to Gulf, 3BD/2BA condo
with amazing Bay views & 2-car garage. \$1,029,000

Lighthouse Point 120 – 200 Periwinkle WayExcellent opportunity for a 3 BR, 2 BA on Sanibel. Upgraded kitchen & baths. Screened porch with walk out patio to catch a glimpse of the Bay. Great East end active community. Turn key. 5625,000

1740 Middle Gulf Drive

LOCATION! Beach access across street! Amazing views from every room. Riverfront pool home. 4BR, 3BA, updated kitchen, several porches & balconies. 5799,000

1717 Sand Pebble Way – Lagoon Estates

Beautifully updated, over an acre, ground level on the Sanibel River. 1800 tsf, 2-car garage, end of cul-de-sac, new paver driveway & new landscaping. \$619,000

218 Daniel Dr – Seagull EstatesBeautiful lake views, 3BR, 2.5BA, vaulted beamed ceilings, fireplace, wood floors. Community pool, tennis, clubhouse, and beach access. \$745,000

Blue Gulf 201 – 2949 W Gulf Dr Small, quiet condo complex off W Gulf. Fabulous sunsets, wildlife, shelling panoramic Gulf views. 3BD/2BA, high ceilings, many updates. \$1,398,000

10 AM - 12:30 PM

822 Beach Road

Canal front duplex, 2/2 each side. Boat dock serves both sides. Live in one side; rent the other. Mostly renovated; screened porches overlook the waterway. §819,000

1358 Sand Castle Rd – Dunes

Lake front 4BR/3.5BA olde-Florida style home on private 1/2 acre, Ig pool, fireplace, gourmet kitchen, wood beamed ceiling, Butler's pantry, Master suite on 1st Living Level, separate den/office, 10' ceilings. \$1,100,000

1747 Jewel Box – Sanibel Isles

Direct Access Canal Home. Dock w/ 13,000 lb lift. Very private, tile throughout. 2 Car garage, enclosed lower level. Impact windows & doors. \$975,000

Moonshadows 1F – 1350 Middle Gulf Dr 3BR/3BA Townhouse with Sanibel River Views, LR & FR, Glass-Enclosed Lanai, Screened Front Porch, Community Pool, Tennis, Across from the Beach. \$765,000

1480 Middle Gulf Drive

Immaculate and spacious 4 bedroom near beach home with water and golf views.

Convenient mid-island location. \$1,650,000

1-4 PM

15660 Light Blue Cir – Hendry Creek Fort Myers
Boater's Paradise! 4 BR, 3.5BA Pool Home on Gulf Access canal with boat dock & lift. Open floor plan with pocketing sliders open to expansive outdoor living & kitchen area. \$949,000

Tigua Cay 485 – 485 E Gulf DrRare Gulf Front Townhome - Updated 3BR, 3.5BA + Loft, Private elevator, Screened Lanais, Sundeck, & Covered Porch, 2-car Garage, Pool, AND VIEWS! \$2,295,000

Sanibel Inn 3514 – 937 E Gulf Dr Updated 2BD/2BA condo w/ supreme views. On-site rental office, restaurant, tiki pool bar, tennis, 600 ft of pristine beach front. §725,000

1271 Par View Dr - Beachview Estates

Very near beach and golf course views. 3BR + den home w. screen-enclosed pool.
Private lift, impact glass, new roof. \$939,000

1285 Par View Dr – Beachview Estates

"Built to last", over 2700 SF under air, home with screen-enclosed pool. Tons of storage.

Great value! 5849,500

1460 Middle Gulf DriveCustom Home, Incredible Sanibel River Views! 4BR 4.5BA, Across From The Beach, Approx 3660 Living Sq Ft, Elevator, Lg Waterfall Pool, 3-Car Garage, Absolutely Immaculate. §1,949,000

LaPlaya 3B – 2629 W Gulf DrGulf Front 3BR, 2BA luxury condo in small complex. Pool, Tennis, Under Bldg Parking, and Boardwalk to the Beach! §1,595,000

Seascape of Sanibel #304 - 3145 W Gulf Dr

GULF VIEWS! 3BR, 3BA Luxury Condo. Over 3,000 sf, under bldg parking & storage, glassed lanai. Pool/Spa, Tennis, Beach. \$1,289,000

405 Tiree Ct – Brightwater

Near Beach Pool Home, 3BR/2BA with updated kitchen and baths. Large yard, lake views.

Deeded beach access within walking distance. 5735,000

731 Durion Ct – The RocksExceptional long lake views and oversized outdoor entertaining area are featured in this 3 bedroom West End beauty. §737,000

1339 Tahiti Dr - Tradewinds

Charming near beach duplex in desirable Tradewinds Neighborhood. Deeded Beach Access. \$540,000

6176 Henderson Road – BettsSerene ground level canal home w. boat dock & Gulf access. Privacy and inspiration among a canopy of trees. 3BR, 2BA, over 2,000 sq ft on .65 acre. Hiddén gem! \$1,189,000



Cindy Banyai

Progressive Club Candidate Debate

The Progressive Club of the Islands will sponsor a candidate debate for Florida Congressional District 19 between Democrats David Holden and Cindy Banyai at The Community House on Thursday, February 20 at 7 p.m. The meeting is free and open to the public. Attendees are invited to bring their

Holden holds a degree in political science from Temple University and a master's degree in public administration from the John. F. Kennedy School

of Government at Harvard University in 2009. This unparalleled training in leadership and organizational development led him to California, where he served as deputy director of the California Association of Social Rehabilitation Agencies (CASRA), a pioneering nonprofit in the field of mental health. Holden's educational experiences have formed his deep commitment to quality public education and affordable access to higher education for all Americans.

Banyai is a member of the faculty of political science and public administration at Florida Gulf Coast University. A decorated professional in the field of community development for almost 20 years, she has collaborated with nonprofits around the world on issues such as homelessness, children's services, education and sustainable development. Banyai is a mother and small business owner, and is running to help preserve Southwest Florida for local children.

To join the Progressive Club of the Islands, mail your check payable to PCI for \$30 per individual or \$60 per couple to PCI, P.O. Box 898, Sanibel FL 33957.

The Community House is located at 2173 Periwinkle Way. For more information, call 994-3175 or email pcisancap@gmail.com.☆

Talk On Civility In A Divisive Political Climate

Rev. Dr. John H. Danner, senior pastor of Sanibel Congregational United Church of Christ, will lead a workshop on Civility: How to Talk to Each Other in a Divisive Political Climate at Strauss Theater on Tuesday, February 18 at 4 p.m. Danner



Rev. John Danner

is the third of six weekly presenters in the 2020 BIG ARTS Talking Points series. Tickets are \$20 and include a wine reception following the talk.

'Î think the environment we find ourselves in is so polarized, so partisan, so unforgiving. We are not allowing one another the space necessary for reaching any compromise, let alone concession,' Danner said. "People have suddenly found themselves at odds with their coworkers, friends and family. If we are to move forward as a country, we need to learn how to communicate more effectively.'

Danner will start by offering techniques for civil discourse, including active listening and compassionate give-and-take. "This will serve as a refresher, since we all learned these techniques at one point, but they may have fallen by the wayside." Participants will then divide into groups

to practice their new-found skills while discussing immigration policy in the U.S. Immigration is a good testing ground, said Danner, because it's not often intensely personal, but people have strong feelings about it. "The idea is that participants can practice hashing out their beliefs in a controlled environment and, later, in the wider world." The goal of the session, he said, "is to offer a glimmer of hope for reconciliation.'

Before coming to Sanibel in 2002, Danner served churches in the Northeast, most recently in Westport, Connecticut. He holds degrees from Bradford College, the University of Maine Bangor Theological Seminary and Boston University. He has trained as a pastoral psychotherapist and is a fellow in the American Association of Pastoral Counselors. He is the immediate past president of the Sanibel-Captiva Rotary Club.

The Sanibel Congregational Church, with Danner at the helm, is a great example of how people of different ideologies can work harmoniously together. Since 1992, the church has shared space with the Bat Yam Temple of the Islands. The two organizations have sponsored a joint trip to Israel and collaborate on various outreach committees. They produce the popular musical program, Three Cantors and A Pastor, and once a year, they switch pulpits, addressing each other's congregation. BIG ARTS 2020 Talking Points series is sponsored by The Sanibel Captiva Trust Company.

Strauss Theater is located within BIG ARTS campus at 2200 Periwinkle Way on Sanibel. Tickets are available at www. bigarts.org, by calling 395-0900, or at the door.₩

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<u>Day</u>

FRIDAY Cloudy High: 70 Low: 64



SATURDAY Few Showers High: 66 Low: 60

<u>Day</u>

Fri

Sat

Sun



SUNDA Mostly Su

4:05 am 10:18 am 3:50 pm 11:51 pm

12:39 pm 5:40 am 9:52 pm 4:18 pm



Low

None

None

None

MONDAY Mostly Cloudy



Punta Rassa Tides

Mon 10:55 am 2:27 am 7:55 pm 2:09 pm

Tue 11:41 am 3:27 am 9:04 pm 3:12 pm

Wed 12:02 pm 4:25 am 10:11 pm 4:11 pm

Thu 12:18 pm 5:16 am 11:02 pm 5:04 pm

5:08 am 10:35 am 4:52 pm 11:56 pm

7:47 am 1:19 am 6:47 pm 12:49 pm

6:27 am 11:17 am 5:41 pm None

Low

TUESDAY Sunny



Low

Sunny

<u>High</u>

8:27 pm 4:35 am

Mon 9:33 pm 6:01 am

Tue 10:48 pm 7:12 am

Wed 11:58 pm 8:08 am

Thu 3:44 pm 8:54 am



THURSDAY Sunny

Red	fish Pas	s Tides	
<u>High</u>	Low	<u>High</u>	Low
5:00 am	10:16 am	4:45 pm	11:49 pr
- 4 4	10 10	- o -	

Fri	5:00 am	10:16 am	4:45 pm	11:49 pm
Sat	6:44 am	10:40 am	5:26 pm	None
Sun	6:17 pm	1:19 am	None	None
Mon	7:23 pm	2:45 am	None	None
Tue	8:38 pm	3:56 am	None	None
Wed	9:48 pm	4:52 am	None	None
Thu	1:34 pm	5:38 am	10:47 pm	4:16 pm

High: 70 Lo Point Ybel Tides

Low

5:49 am 10:42 am 4:31 pm

5:22 pm 1:21 am None

6:28 pm 2:47 am

7:43 pm 3:58 am

8:53 pm 4:54 am

ΑY	2
ınny	200
w: 64	1

<u>High</u>

None

None

None



<u>Day</u>

Fri

Sun

High



High



<u>Day</u>

Sun

Fri



7:10 am 1:43 am 6:55 pm 1:32 pm

8:54 am 3:05 am 7:36 pm 1:56 pm

Low

High: 66 Low: 60 Cape Coral Bridge Tides

Low

None

None

None

None

7:32 pm

High

None

None

None

None

None

Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



Kayaking on Tuesdays and **Select Thursdays** – February 18 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who bring their own. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Line Dancing Class – Friday, February 28 at 2:15 p.m. Cost is \$3 for members and \$5 for non-members. The instructor will review dance steps then turn up the music. Advance registration not required.

Knitting With Deborah Boehm - Mondays, February 17 and 24 from 2:30 to 4:30 p.m. Open to all skill levels, including beginners. Bring your project(s). Share your interest in knitting with others. This is an informal, no charge, drop-in group.

Bingo - Monday, February 10 at $4:30\ p.m.$ Cost for two games is \$3 for members and \$5 for non-members; extra card \$1 each. After a few games, there will be a potluck dinner; bring a side dish to share.

Page Turners with Louise Fitzgerald & Ann Hartman - If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, March 11 at 2:30 p.m. is A Minute to Midnight by David Baldacci.

"FBI Agent Atlee Pine's life was never the same after her twin sister Mercy was kidnapped - and likely killed – thirty years ago. After a lifetime of torturous uncertainty, Atlee's unresolved anger finally gets the better of her on the job, and she finds she has to deal with the demons of her past if she wants to remain with the FBI. Atlee and her assistant Carol Blum head back to Atlee's rural hometown in Georgia to see what they can uncover about the traumatic night Mercy was taken and Pine was almost killed. But soon after Atlee begins her investigation, a local woman is found ritualistically murdered, her face covered with a wedding veil and the first killing is quickly followed by a second bizarre murder.

– davidbaldacci.com Bea Pappas, ISEA - NF Collage Part 2 – Tuesdays, February 18 and 25. Cost for series per person is \$125 for members and \$140 for non-members.

Bring acrylic paint (preferably liquid) and substrates on which to work (canvas, canvas board or watercolor paper – 140 lb.), flat nylon one-inch brush, water container to clean brushes and paper towels (Viva brand). Contact the center to sign up.

Sanibel's Got Talent – Thursday, February 20 at 5:30 p.m.

Talent scouts went in search of local talent to perform at this year's potluck event and it is sure to be a fun-filled

evening. Dinner will be served at 5:30 p.m. with the show to follow. Due to the popularity of this program, it will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. There is no charge for members and non-member cost is \$5. Bring a covered dish to share such as a vegetable, salad or casserole. The main entree, drinks and desserts will be provided by Island

Pancakes with Pals Breakfast **Nature Cruise with Tarpon Bay Explorers** – Monday, February 24 (weather permitting). Cost is \$38 for members and \$48 for non-members (continental breakfast included).

Experience one of the most beautiful settings on Sanibel with a naturalist-led covered pontoon boat cruise around Tarpon Bay. While having coffee, tea or juice, and pastries, observe birds at the rookery islands including herons, egrets, pelican, ibis and osprey. Search for a diversity of wildlife, from dolphins and manatees to fish such as mullet, stingray or sharks. The touch tank aquarium presentation wraps up the last half hour of the tour.

Advance registration required. Registration deadline is Tuesday, February 18.

Cruise Around the World Presentation by Katie Reid - Friday, February 28 at 1:30 p.m. Katie Reid will share her experiences traveling around the world on a cruise ship. No charge to attend.

AARP Driver Safety Course -Thursdays, March 5 and 12 from 1 to 4 p.m., sponsored by Island Seniors, Inc. This is a fast-paced interactive six-hour class for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive

drivers to help you maintain confidence in your driving. Participants will be eligible for a discount on their auto insurance.

Course fee is \$20 and AARP members receive a \$5 discount. Register by contacting Ed Vander Hey at 437-8022. You need not be a member of Island Seniors to attend but you must attend both classes in order to receive course certificate.

Games – Cost for all games is \$3 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m. Game begins at 1 p.m.

New! Euchre – Tuesday at 12:30

Mahjongg - Monday and Thursday

Hand & Foot – Thursday at noon. Hearts - Friday at 12:30 p.m.

Fitness Classes - Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows:

Cardio Combo - Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and mat work.

50/50 Cardio Sculpt – Monday, Wednesday and Friday at 9:30 and 11 continued on page 30B





WEEKLY RENTAL LICENSE

836 Donax Street Is Offered At \$549,000

This 3BR/2BA family home overlooks the Sanibel River The living room, dining and kitchen combo have French door access to the screened back porch with abundant natural light. Community pool and easy walking distance to beach access. Great rental opportunity!

Priced to Sell \$549,000!



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PANORAMIC VIEWS AND A CHEF'S DELIGHT

This tastefully decorated residence exudes tropical elegance nestled against a spectacular coastal backdrop with unbroken panoramic views of the canal and golf course. If a true chef's kitchen is what you are looking for then look no further as this one will not disappoint! Double wall ovens, large island, beautiful granite countertops and gas range with pot filler will delight even the most discerning cook. The luxurious master suite offers a jetted tub and huge walk in shower with multiple shower heads perfect for pampering yourself after a day of shelling.

4 Beds / 4 Baths

Offered at \$1,650,000

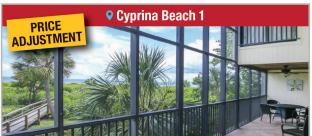


CANAL FRONT ENHANCEMENT

Direct Gulf access home with spectacular intersecting canal views. Western exposure provides magical sunset vistas. Spacious open floor plan features multiple sliding glass doors allowing gentle sea breezes and natural light to flow through. Experience the best in true indoor-outdoor island living at this estate located in a prestigious, east end cul-de-sac location.

4 Beds / 3 Baths

Offered at \$1,599,900



IT'S ALL ABOUT THE VIEWS!

Spacious and unique 3 bed 3 bath Gulf front freestanding condo with exceptional rental history. Intimate complex of only 11 units offers privacy while the east end location provides easy access to island activities.

3 Beds / 3 Baths

Offered at \$1,395,000



A SHORT STROLL AWAY FROM SAND IN YOUR TOES!

Beautiful bright and tropical decor is featured in this 3 bed 2 bath Gulf front unit. Oversized lanai opens from the spacious living room and showcases breathtaking water views while offering plenty of room for entertaining guests. Family fun spot, this is it!

3 Beds / 2 Baths

Offered at \$1,300,000



DIRECT GULF FRONT VIEWS AWAIT

Panoramic Gulf views await you from this beautiful 2 bed 2 bath + den located at the highly sought after Atrium complex. Bi-weekly rentals allowed or could be your perfect winter retreat.

2 Beds / 2 Baths

Offered at \$1,299,900



SWEEPING PANORAMIC VIEWS!

Elegantly remodeled 2 bed 2 bath Gulf front unit offers sweeping panoramic views. Weekly rentals allowed in this highly sought after property.

2 Beds / 2 Baths

Offered at \$1,250,000



LOCATION, LOCATION, LOCATION & WHAT A VIEW

Beautiful updated 3 bedroom LAKEFRONT POOL HOME offers sunset views from the spacious and screened lanai that feature a pass through bar from the kitchen. This home is the perfect winter retreat or would make an excellent rental property that could gross between \$35-\$50K a year.

3 Beds / 2 Baths

Priced to sell at \$737,000



MOTIVATED SELLER SAYS BRING ALL OFFERS!

Attention boaters and fishermen! Direct Gulf access DOUBLE canal lot located in a secluded upscale community perfect for the most discerning Buyer. Parcel has over 180' of canal frontage. All you need is a boat and a dream to start living the Sanibel lifestyle! Seller financing available.

Lot

Offered at \$439,000

The 3rd qrtr "Schuldenfrei Report" is now on-line at: https://tinyurl.com/w6br96r



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239.464.2984

11525 Wightman Lane

Burns Family

Burns Family

\$739.000

\$435,000

\$1.225.000



301 Useppa Island Unit B Brian McColgan \$1.175.000



239.410.7850



2265 West Gulf Drive #220B Burns Family 239.464.2984 \$700,000



SOUTH SEAS ISLAND RESORT 5104 Bayside Villas #5104 239.464.2984 Burns Family \$410,000



136 Useppa Island Brian McColgan 239.410.7850 \$1,800,000



15300 Captiva Drive 239.464.2984 Burns Family \$7,995,000



15200 Captiva Drive Burns Family 239.464.2984 \$1.100.000



USEPPA ISLAND 523 Useppa Island Brian McColgan 239.410.7850 \$665.000



4209 Avian Avenue Maxwell Thompson 239.989.3855 \$274,900



11514 Wightman Lane Burns Family 239.464.2984



307 Useppa Island Brian McColgan 239.410.7850 \$1.100.000

USEPPA ISLAND



322 Useppa Island Unit A Brian McColgan 239.410.7850 \$635,000



14831 Park Lake Drive PH 6 239.464.2984 Burns Family \$169,900



15107 Captiva Drive 239.464.2984 Burns Family \$12.950.000



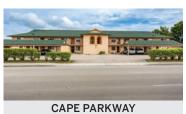
1564 Middle Gulf Drive Burns Family 239.464.2984 \$1,295,000



1401 Middle Gulf Drive #P203 Burns Family 239.464.2984 \$899.000



1501 Middle Gulf Drive #H409 Burns Family 239.464.2984 \$519.000



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BURNS family TEAM







1. Magazine Ready home in Sanctuary - Sanibel

- 5 BR/5.1 BA property situated on the bay & intercoastal waterway and framed in by the signature 4th hole
- 11,000sqft, top of the line finishes throughout, over a million dollars in updates
- \$3,699,000 EURO € 3,337,694

2. Direct Access Canal home with Boat dock & Lift - Sanibel

- 3 BR/3 BA home located on 100 feet of canal frontage with direct Gulf access
- Old Florida style home with boat dock & lift, quick access to San Carlos Bay, screen enclosed pool
- \$1,100,000 EURO € 992,555

3. Remodeled Direct Access Canal Home in Shell Harbor

- 3BR/3BA completely remodeled ground level home featuring travertine floors and open kitchen
- · Large boat dock able to accommodate sizeable boat or sailboat, very short trip to the open waters of the bay
- \$1,395,000 | Open House Thurs 2/13 & 2/20 11am-1pm

4. Uncommon Luxury Next to the Beach - Sanibel

- 3 BR/ 3.5 BA home featuring chef's kitchen with 6 burner Viking cooktop, breakfast bar & separate prep island
- 18ft ceilings, impact windows, salt water pool with multiple water features
- \$1,395,000 EURO € 1,276,367

5. Quintessential Sanibel Beach House

- 3 BR/2 BA with quick access to the beach down Rabbit Rd
- Recently remodeled with new kitchen, baths, roof, plumbing, and more
- \$550,000 EURO € 495,372

6. Gulf Pines with Lake Views - Sanibel

- 3 BR/3 BA home close to the beach path
- · Community amenities include pool and tennis courts
- **\$795,000** EURO € 717,347











7. Updated tropical beach condo at Loggerhead Cay – Sanibel

- 2 BR/ 2 BA remodeled kitchen, French doors, plantation shutters, Gulf views from your private lanai
- · Large pool, pet friendly, & weekly rentals allow this a great option for families and investors
- \$739,000 EURO € 669,011

8. Near Beach with Panoramic Views - Sanibel

- 3 BR/2.5 BA Island style home located across the street from the beach and Gulf
- · Updated kitchen and bathrooms, screen enclosed pool with water views, and large porch
- **\$1,295,000** EURO € 1,169,046

9. Gulf views at Island Beach Club - Sanibel

- 2 BR/ 2 BA updated condo with coastal design and Gulf views
- · Beach access, community pool, wkly rentals & pet friendly.
- \$725,000 | Open house Tuesday 2/18 11am-2pm

10. Over 1.7 acres on West Gulf Drive - Sanibel

- 3BR/3.1 BA home on a sprawling estate located along Sanibel's renown West Gulf Dr. Featuring 1.7 acres of Gulf front land & 200' of beach frontage.
- This property also offers numerous possibilities to make your Gulf front dream a reality.
- \$5,795,000 | Open House 2/13 9am-12pm

11. Long lake views on Lake Murex - Sanibel

- 4 BR/3.1 BA home on oversized lot with 2 story ceilings and great room
- Chef's kitchen with 2 islands, gas fireplace, elevator, pool, and generator
- \$1,299,000 | Open House Thurs 2/13 & 2/20 11am-1pm

12. Golf course views in Beachview Country Club - Sanibel

- 4BR/3 BA home featuring large, updated kitchen with stainless steel appliances
- Soaring ceilings, large screen enclosed lanai, pool, and garage
- \$849,000 EURO € 764,675









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YOUR LOCAL EXPERTS WITH A **GLOBAL** REACH. **Superior Interiors**

Create Your Poolside Paradise



by Jeanie Tinch

eason is here, and it's time to start thinking about how you're going to create your poolside paradise. Work with your decorator to complete these five steps for a flawless poolside

outdoor living arrangement and, before you know it, you'll be well on your way to establishing an oasis that will make your home the envy of the neighborhood.

Establish a primary purpose for your space. What is your outdoor gathering area used for most? Do you like to invite friends over for cookouts, or do you prefer to reserve the space for quiet weekend afternoons with your spouse or the kids? This will determine everything from the furniture you need to how you should arrange your pieces and accessories.

Think about how you plan on using your space to create a few layout options. For example, if you plan to host larger gatherings by the pool this season, you may want to spruce up your patio area with a couple of sofas, a coffee table, armchairs and ottomans for extra seating. However, this may be overboard if you plan to use the area for only you and your

family members. Whatever your specific needs are, there are unique and stylish outdoor furniture options to enhance the space you have in mind.

After you've determined how many people will regularly be using your outdoor living space, solidify your effective layout by deciding on a focal point. This will serve as the heart of your space and the rest of your furnishings and decor should be layered off this area. For example, if you've recently invested in a new barbecue and plan on using it frequently for cookouts, your dining table should be the focal point. Table options might include a smaller, round wicker table to large, rectangular wood products that seat six or more people. Then select accents and accessories that coordinate with your table's color scheme and style.

Another popular focal point is the fireplace. This would call for more focus on a conversation-based seating arrangement, with your table, chairs and sofa surrounding your fireplace. If you have a fire pit, make sure that it's set up far enough away from the pool that you're able to place seating around all sides. Other ideas may include forgoing a coffee table and decorating with nesting tables instead, as your fire pit or fireplace will take center stage where your coffee table normally would.

While a poolside gathering area has the potential to be a relaxing environment, it may also mean wet bathing suits and energetic children running around. Your furniture and setup should cater to this. Look for water and weatherproof sofas, chairs and tables to ensure your investments last for

years. Don't forget to include cushioned furnishings that reflect the style you've accomplished indoors.

Leave plenty of walking room in high-traffic areas so that no one is at risk of tripping. If there are spots that get slippery, consider looking for a stylish outdoor area rug that's durable and cleanable. If you have a diving board or your kids simply love to show off their cannonball skills, a charming fence that surrounds your gathering area might create cozy boundaries. Do consider how much room is needed between your setup and the pool to ensure you and your guests don't get splashed.

Nothing creates a brighter, more lively living area than a garden full of colorful flowers. If you don't have space in your outdoor gathering area for a garden, hang potted arrangements of your favorite flowers from your fence, porch, or lanai for a charming, whimsical appearance. Similarly, if your dining table is the focal point of your living space, create a head-turning centerpiece with a vase of tulips, sunflowers, or orchids. Consider drawing the eye upward with a floor plant in between your sofa and armchair. This is an easy way to add splashes of color to the area.

Choosing your outdoor furniture is only half the fun while decorating your gathering space. Accents and accessories can make your living area come to life and your larger furnishings pop. You may want something simple like a colorful umbrella that coordinates with your surrounding color scheme or a cozy outdoor reclining chair that you can dry off on under the sun after a dip

in the pool. Don't forget about lighting, as this sets the mood and ambiance. Outdoor furnishings now mimic their indoor counterparts, with elegant lighting fixtures, luxurious lounge chairs and stylish ottomans to complete your poolside paradise.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.

Donations From Spirit Tree Benefit Historical Society

In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom has a spirit (olive) tree that benefits local nonprofits. Spirit tree donations through February 29 benefit Captiva Island Historical Society.

Captiva Island Historical Society.
Canvas spirit tree tags can be
purchased at the garden center gift shop
for \$5. Purchasers can write well-wishes
or blessings on the tags and attach them
to the tree. All tag sales will be donated
to Captiva Island Historical Society. In
The Garden will match all tag sales.

"The Captiva Island Historical Society is committed to the gathering, preserving, interpreting and sharing of Captiva Island history, while providing education about the remarkable people and events that have shaped its past," said Lisa Walsh, owner of RS Walsh Landscaping and In The Garden.

RS Walsh Landscaping is located at 3889 Sanibel-Captiva Road. For more information, visit www.rswalsh.com.





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5075 Joewood Dr, Sanibel | \$2,900,000 4 Beds | 4 Full, 1 Half Baths | 4630 Sq Ft LeAne Taylor Suarez 239-872-1632



3215 W Gulf Dr A101, Sanibel | \$1,875,000 3 Beds | 2 Full, 1 Half Baths | 2360 Sq Ft Linda Naton 239-691-5024



2739 Wulfert Rd, Sanibel | \$1,375,000 4 Beds | 5 Full, 1 Half Baths | 3774 Sq Ft Linda Naton 239-691-5024



2477 Wulfert Rd, Sanibel | \$1,375,000 3 Beds | 4 Full Baths | 3734 Sq Ft Harrell, Tolp & Albright Team 239-850-5408



930 Kings Crown Dr, Sanibel | \$1,295,000 3 Beds | 2 Full Baths | 2444 Sq Ft LeAne Taylor Suarez 239-872-1632



1605 Middle Gulf Dr 221, Sanibel | \$1,229,000 2 Beds | 2 Full Baths | 1802 Sq Ft Harrell, Tolp & Albright Team 239-850-5408



9850 Cypress Lake Dr, Fort Myers | \$1,079,000 3 Beds | 3 Full Baths | 2801 Sq Ft Liz Stewart 239-560-1548



1724 Bunting Ln, Sanibel | \$949,500 3 Beds | 3 Full, 1 Half Baths | 3117 Sq Ft LeAne Taylor Suarez 239-872-1632



8939 Crown Colony Blvd, Fort Myers | \$629,000 3 Beds | 3 Full Baths | 2821 Sq Ft Larry Hahn 239-898-8789



15031 Punta Rassa Rd 203, Fort Myers | \$399,900 2 Beds | 2 Full Baths | 1167 Sq Ft Marianne Stewart 239-560-6420



805 E Gulf Dr A7, Sanibel | \$359,000 1 Beds | 1 Full Baths | 680 Sq Ft Brendan Albright 239-850-5408

limited number of tickets remain for Michael Grunwald's lecture about his book *The Swamp: The Everglades, Florida, and the Politics of Paradise* at The Community House on Friday, March 20. Limited tickets also remain for a cocktail reception with the author starting at 5:30 p.m. Reception tickets \$125 each and also include reserved VIP seating for the 7 p.m. lecture. Tickets for the lecture only are \$30.

Hosted by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), the events benefit water-quality research and education at the JN "Ding" Darling National Wildlife Refuge.

The bestselling Florida author will be doing book signings at two separate events on March 20. The Swamp, which informed the eponymous 2018 PBS documentary, tells the story of the manmade destruction and attempted resurrection of the Florida Everglades, the riveting history of humanity's relentless war against nature in Florida and belated efforts to make peace.

Reviewers from *The Washington Post* declared *The Swamp* "brilliant." *The Boston Globe* called Grunwald "a superbly lucid and masterful stylist, blending exhaustive research and superlative prose into a book as valuable as a week in Fort Lauderdale at one-hundredth the price."

Grunwald, a senior writer for $\hat{P}olitico$



Michael Grunwald

photo provided

Magazine, has won the George Polk Award for national reporting, the Worth Bingham Prize for investigative reporting and many other honors in his 25-year journalism career. Both The Swamp and a later book, The New New Deal: The Hidden Story of Change in the Obama Era, won him the gold medal for non-fiction at the Florida Book Awards. Grunwald is currently working on a book about food and climate change.

"With the current state of our coastline from red tides, algae and rising seas, Michael Grunwald's award-winning book about the Florida Everglades' backstory has never been more relevant or urgent," said DDWs Executive Director Birgie Miller.

Sponsors for The Swamp presentations include: Guardian Sponsor: WGCU; Defender Sponsors: Mike and Terry Baldwin, Gresham Family, Pfeifer Realty Group, Mitchell's Sand Castles, RE/MAX of the Islands, and Hank and Linda Spire. For more information, contact Dot Voorhees at 472-1100 ext. 239

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information and to purchase tickets, visit www.dingdarlingsociety.org/articles/the-swamp-presentations.

From page 1B

Home Tour

is packed with mementos of their travels and their principle of "Recycle, Re-use, Reclaim."

From a stuffed pronghorn antelope on a wall – a garage sale find – to the kitchen's double sink rescued from a Baltimore junkyard, every item has a story. Rear-deck seating came from a bowling alley in Asheville, North Carolina, and most interior doors were salvaged from a central Florida hotel. Sobczak is a stained-glass artist and his work graces every room.

Meanwhile, their friends Dick Fortune and Sara Lopez, renowned photographers who visited Sanibel from Miami for years, built an island contemporary structure in another quiet neighborhood, nestled against and overlooking preserve land and a canal. After serving in the U.S. Coast Guard, Fortune established a floor tile business, both backgrounds richly reflected in the couple's finished abode. Lopez was a BellSouth project manager before picking up a camera.

The couple worked with SAM Builders of Fort Myers to realize their dreams and incorporate "found objects" that – in tune with their friends the Sobczaks – would provide unique touches. A boat hangs over floating stairs of Brazilian walnut; Fortune's metalwork creations are featured throughout; a baby grand piano was rescued from an insurance dispute. Images by the couple, staff photographers for Island Scene magazine, are widely featured in Sobczak's wildlife books, including the cover of The Living Gulf Coast, and their work was honored with a dedication in Living Sanibel.

The chance to "peek" into the contrasting homes of these well-known Sanibelians will bring a new experience to this year's tour. Before boarding, guests will be offered "light bites" from some of Sanibel's finest restaurants and caterers. Hurry to sign on for this sought-after, three-hour outing. Every dollar in proceeds will help fund programs that improve women's lives.

The Sobczak/Heuer home is sponsored by Gene's Books with two locations on Periwinkle, and the Fortune/Lopez home by SAM Builders of Fort Muers.

For information, visit www. zontasancap.com. Follow Zonta Sanibel-Captiva on Facebook and "like" @zontasancap on Instagram.



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Pointe Santo #E-23

ISLAND LIVING AT IT'S BEST

Freshly refurbished 2 bedrooms, 2 bathrooms + den. Only 6 units have this floor plan! Beautiful kitchen features a tray ceiling, island and breakfast bar. Master bedroom sliders open to lanai.

2 Beds / 2 Baths + Den

Offered at \$980,000

PRICE ADJUSTMENT

♀ Pointe Santo #A-1

2 BED 2 BATH WITH FANTASTIC GULF AND LAGOON VIEWS.

Premier location at Pointe Santo! Updated 2 bedroom unit with unparalleled Gulf views. Unique floorplan features a fenced patio off the guest bedroom.

2 Beds / 2 Baths

Offered at \$875,000

UNDER

Pointe Santo #C-2

2 BED 2 BATH UPDATED CONDO

2 Beds / 2 Baths

Offered at \$765,000

Pointe Santo #C-4

COMPLETELY UPDATED GROUND FLOOR UNIT

This beautifully furnished, remodeled and completely tiled ground floor unit is one of only four 1 bedroom units located in Pointe Santo and is perfect for a winter retreat or as an income producing investment.

1 Bed / 1 Bath

Priced to sell at \$585,000



Pointe Santo #D-3

UNIQUE WHEELCHAIR FRIENDLY

This 2 bedroom 2 bath, ground floor unit has been refurbished and has a wheelchair accommodating master bedroom and master bathroom, including extra wide doors, roll-under sink, drop-down bar by commode and roll-in shower. Recently painted with new master bedroom furniture.

2 Beds / 2 Baths

Priced to sell at \$690,000



Pointe Santo #C-45

VERY RARE 3 BEDROOM

Very rare weekly rental three bedroom offering - Pointe Santo C-45 is one of only two three bedroom Penthouse condos of this type floor plan. It features a private rooftop sundeck and the most amazing panoramic Gulf views.

3 Beds / 2 Baths

Offered at \$1,200,000

NEW LISTING

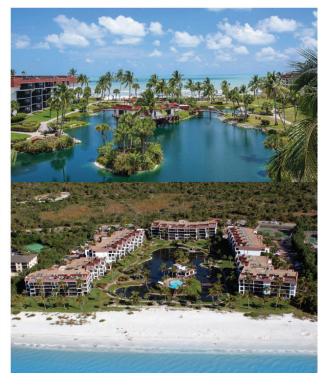
Pointe Santo #E-24

DIRECT GULF FRONT 3 BEDROOM CORNER UNIT

You can't get any closer to the beach than this! 3 bedroom Gulf front western corner unit with beach, pool and lagoon views. Come enjoy the best Pointe Santo has to offer.

3 Beds / 2 Baths

Offered at \$1,425,000



Audubon Program On Climate Change

riel Hoover, the chairperson of the Lee County chapter of Climate Reality Leadership Corps, will present Florida, Our Eden, Threatened by Climate Change at The Collaboratory on Thursday, February 20 at 7 p.m. The free February program of Audubon of Southwest Florida is open to the public. Light refreshments will be served.

Hoover will explore the latest information on how climate change threatens Florida's and the world's iconic birds and wildlife, the economy, water and food supply, and health.

Climate change has been charged with putting Australia in the grips of a nationwide bushfire emergency. The Audubon chapter is asking for donations to help Australian wildlife, and when the fires have cleared, help restore their lost forests. The chapter will match any donations received at this program and send them to the World Wildlife Fund, www.wwf.org.au/ get-involved/bushfire-emergency#gs. v76h40.

The Collaboratory is located at 2031 Jackson Street in downtown Fort Myers. For more information, email audubon.southwest.florida@gmail.com. Audubon of Southwest Florida is a nonprofit 501(c)3 organization.☆

Kiwanis Club Scholarships Available

he Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2020-21 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several oneyear scholarships in varying amounts are available, including the Sam Bailey Islands Night scholarship.

Eligible applicants must be Sanibel-Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college for an undergraduate degree or attending a vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 27, 2020. They can be obtained online at www.SanibelKiwanis. org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@ sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@ sanibelinsurance.com. 以

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Will Power

Advanced Estate Planning With Grantor Trusts



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ost everyone is familiar with a revocable living trust. This estate planning vehicle allows you to transfer your assets to the trust, retain control over the assets and avoid a probate process at your death. The trust rather easily transfers the assets without the need for court action to your

Because the trust is revocable, you can freely change the trust terms, including who would act as your trustee if you should become incapacitated or die, as well as who the trust beneficiaries will be and in what amounts and percentages.

Revocable trusts therefore are grantor trusts for income tax purposes. In other words, the Revocable Trust uses your social security number as its tax identification number. It doesn't file any separate tax returns during your lifetime. Your revocable trust is effectively you. It is just another form of ownership.

Consequently, when you die, the assets titled in the trust are included in your estate for federal estate tax purposes. Remember that unlike the income tax, which is a tax on your "income statement," the estate tax is a tax on your wealth. It's a "balance sheet" tax.

But grantor trusts can be so much more than revocable trusts. They can be used to save both income taxes and estate taxes. But to do so requires a complete understanding of how the counterintuitive interaction of income and the estate tax laws create planning opportunities.

The opportunities arise not from the use of revocable rusts, but from irrevocable

Once you create an irrevocable trust, you can't change it. With an irrevocable trust, we can create a trust that for estate tax purposes removes the assets from your estate, but for income tax purposes the income and capital gains are taxed to you.

Using the tax law, we can manipulate outcomes to both eliminate capital gains taxes and remove assets from our estate for estate tax purposes. Most of us are familiar with how income taxes work. Estate taxes, however, are not a tax on our income, rather they are a tax on our balance sheet.

One strategy to accomplish this goal is to use a technique known as a "sale to an

intentionally defective grantor trust" (an "IDGT").

Under the tax code, if you create a trust and you retain certain rights, then for income tax purposes, the trust is still deemed to be you. But for estate tax purposes, completed transfers to this type of irrevocable trust can exclude the transferred assets from your estate.

A "swap power" right, for example, is a right that will result in an irrevocable trust being taxed to you as the grantor for income tax purposes despite the trust assets being excluded from your estate for estate tax purposes. As it sounds, a swap power is one where, as grantor, you have the right to substitute assets of the trust, so long as the swap is of equal value, and no beneficiary income rights are compromised.

To illustrate, assume that Grantor (G) creates an irrevocable trust naming his spouse (W) as trustee and his child (A) as beneficiary for A's life and at A's death the trust terminates to B. G retains the right to substitute assets of equal value. This is known as IDGT.

G then transfers stock to the IDGT valued at \$1 million but assume G's tax cost basis in this stock is only \$100,000. If G were to sell the assets, G would realize a \$900,000 capital gain and pay a large capital gains tax of approximately \$214,200. Let's also assume that the stock is appreciating at 10 percent per year.

When G transfers the \$1 million of stock, the IDGT writes a promissory note back to G for \$1 million. G effectively "sold" the stock to the IDGT. Because the IDGT is considered a grantor trust for income tax purposes (because of the swap power makes it a grantor trust for income tax purposes), no capital gain is realized. G does not pay capital gain tax.

Several years later, the stock value grows to \$1.5 million. G then uses his swap power to take the stock back, substituting cash into the IDGT for the stock. Why does G do this? Because if G owns the stock when he dies, his estate gets a step-up in tax cost basis

Assume that G dies and the stock is still worth \$1.5 million. G's estate is now free to sell the stock for \$1.5 million and not realize any capital gains tax.

The IDGT, however, owns \$1.5 million of cash but also still owes G's estate the \$1 million promissory note. The IDGT pays back the promissory note leaving it with \$500,000 of cash. The result is the elimination of capital gain on the stock, and \$500,000 is distributed to the IDGT beneficiary tax free.

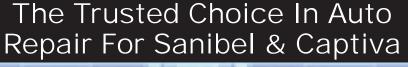
I simplified this illustration to make it understandable. I didn't point out, for example, that another benefit to this strategy is that with the promissory note G can continue indirectly receiving income from an asset that he irrevocably gave away. Yet, at the end of the day he did get the asset (stock) back, eliminated the capital gain, enjoyed indirect income from it, and transferred \$500,000 tax free to his heirs.

Usually, if G retains the right to income then the asset is included in his estate for estate tax purposes. This strategy circumvented that rule.

Beware, as there are many nuances to the proper creation of an IDGT, as well as the structure of the sale and swap transaction. Failure to fully understand the nuances in the tax law could result in the strategy's failure.

Nevertheless, you can see how the tax code might be used to achieve estate planning goals. In future columns, I'll explore additional estate planning grantor trust strategies.

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10950 OLD SOUTH WAY, FORT MYERS, FLORIDA 33908

by Howard Prager

ports shorts, records, starts, milestones, many happy returns and saving a life.

So much has happened in the world of sports while the nation (and world) were

transfixed around the Super Bowl. It was a great game and comeback for the Chiefs. But what else is happening in the world of sports?

Since No. 1 draft pick Zion Williamson started playing for the Pelicans on January 22 after his preseason injury, he's averaging nearly 20 points in 26 minutes per game with 7.5 rebounds. He definitely is the lift NOLA needs and he's just getting started. An ankle injury sidelined him for a game last weekend, but especially if he drops a little weight, he will be a force in the league for a long time.

The return of Bobby Knight. On the other extreme, Bob Knight, age 79 returned to IU Assembly Hall for the first time since he was fired 20 years ago to raucous applause and the 40th reunion of his 1980 NCAA Championship team. A loudmouth and not the nicest of people, there's no doubting his tremendous coaching ability and all that he brought to Indiana

basketball. I'm glad he had the chance to return.

An NCAA consecutive record was tied in Kansas, as Bill Self got his 700th victory last weekend. Kansas, currently ranked 3rd at 20-3 has now had 31 consecutive seasons with 20 or more victories. Self is only 57, so chances are he could reach 1,000 victories in about a decade if he continues to coach and KU continues to win nearly 30 games a year as they have been doing. We'll see what the tournament brings.

Continued outpouring of love for the late Kobe Bryant. Shaq was shopping in Best Buy and a fan came over to express condolences over the loss of Kobe and Shaq's sister, who passed away from cancer last October. The fans continued shopping for a new laptop when Shaq came up to him and said, "I like y'all, so get the nicest one in here and I'll pay for it." I've always said it never hurts to go out of your way to be nice. What a great thing for Shaq to do.

Nick Taylor, a golfer ranked 229th in the world, built a five-stroke lead through nine holes at Pebble Beach, watched it dwindle to two and then chipped in for birdie on the par-4 15th hole. Taylor, 31, a native of Winnipeg, became the first Canadian to capture the Crosby Clambake and halted a streak of American winners that started in 2005 – the year Mickelson won wire-to-wire.

Speaking of surprises, 21-year-old American Sofia Kenin won her first Grand Slam, the Australian Open. Kenin had never gone past the fourth round of a slam before and is the youngest player to win a grand slam since Serena Williams in 2002. Her victory means that eight of the past 12 Grand Slam winners have been first-timers. Kenin is a full-time Floridian whose parents came from Moscow a few months after she was born.

And the good news story of the week is how fast actions saved a life on the court. A freshman girls high school basketball coach, Bob Zaranek, suddenly collapsed, hitting the court face-first. He was clinically dead. The athletic trainer along with a recently retired nurse went into action. "We started looking for a sign of life, a pulse," Collin Karcher, the athletic trainer said. "Once you don't have a pulse, emergency action goes into place." The most crucial action was having an AED. A cardiac nurse in the crowd offered to help with CPR. Once the AED was operating, it instructed what needed to be done. The AED delivered a shock, then CPR resumed. "It's not like a movie where they kind of jump up," Karcher said. Maybe five to 10 compressions in, Bob started to take breaths on his own. He then slowly came back to life. He started breathing

again and had a good pulse. "I can't say we were all ready for this to happen, but we were prepared mentally. One of the biggest lessons learned was the need for the AED. Without it, Zaranek might not have survived," said the nurse, Kathy Richards. "If you don't have that electric shock from the AED, compressions are just to deliver oxygen to the brain," Karcher said. "You're doing the heart's job, but that doesn't restart the system. The heart runs on electrical impulse and whether you have a dysfunctional rhythm or you have no rhythm at all, that electrical shock can restart it or stabilize it." Zaranek had a stent inserted and is attending cardiac rehab. He understands how vital the AED was to his survival and hopes to find a way to help raise awareness that every school in the state of Michigan needs to have one in its gym. Most of all, Zaranek is grateful. "They were all there for me."

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.

com.埮

SPORTS QUIZ

- When was the last time the Pittsburgh Pirates won 100 or more games in a season?
 The 1933 New York Yankees had nine future Hall of Famers on their roster. Name four of them.
- 3. Which two college football teams hold the record for most points (70) scored in a bowl game?
- 4. Who is the Portland Trail Blazers' all-time leader in career blocked shots?
- 5. Goalie Jordan Binnington set a St. Louis Blues franchise rookie record with 24 victories in the 2018-19 season. Who had held the mark?
- 6. When Germany was split into two countries that competed separately in the Olympics (1968-88), which one captured the most medals?
- 7. Name the last Australian female golfer before Hannah Green in 2019 (Women's PGA Championship) to win an LPGA major.

ANSWERS

Webb, in 2006.

1. It was 1909, when they went 110-42. 2. Earle Combs, Bill Dickey, Lou Gehrig, Lefty Gomes, Tony Lazzeri, Herb Pennock, Red Ruffing, Babe Ruth and Joe Sewell. 3. Army (2018) and West Virginia (2012). 4. Mychal Thompson, with 768 blocked shots (1978-86). 5. Jake Allen had 22 wins as a rookis in the 2014-15 season. 6. East Germany won 519 total medals; West Germany 243. 7. Karrie





Pediatric Heart Disease for **Newborns**

submitted by Dr. Daniel Eric Eason, Pediatric Cardiology, Golisano Children's Hospital

Thile SanCap Cares celebrates 20 years of continuous support for the health care of children in our community, the incidence of pediatric heart disease still affects one percent of all newborns.

While the population growth has increased in Southwest Florida, so has the demand for pediatric cardiology services. Just 10 years ago, Lee County had only two pediatric cardiologists serving the region. Today, the team of providers at Golisano Children's Hospital includes four cardiologists, a nurse practitioner, dedicated cardiac sonographers and support staff. Together, this team partners to keep children with heart disease healthy by providing the life-saving cardiac care needed close to home so families do not have to travel long distances to other cardiovascular centers. This equates into over 4,000 EKGs, almost 3,000 echocardiograms and 3,900 patient encounters in the past year. One example of this local care includes the prenatal diagnosis of congenital heart defects with fetal echocardiograms. With this new service added in the past five years, an expectant mother can



now learn of their unborn child's heart defect, receive education and emotional support, and plan for a safe delivery.

With improved imaging modality such as our accredited congenital echo lab and cardiac MRI, patients can receive high-quality imaging of their congenital heart defect for many years to come after their initial diagnosis or surgical intervention. Cardiac magnetic resonance imaging (MRI) uses nonradiating energy to provide clear pictures of cardiac structures as well as function and hemodynamics. This information is crucial in the management of patients with heart defects like tetralogy of Fallot or poor ventricular function. And, as these patients grow older into adulthood, they encounter the challenges of ongoing congenital heart defect management coupled with the difficulties of adult medical problems. There are now more adults living with congenital heart disease than children, which has necessitated the development of our adult congenital heart program, led by Dr. Suying Lam who is board certified in adult congenital cardiology.

Keeping patients with known congenital heart disease healthy is one of our highest goals. But sometimes a child isn't aware of a heart defect that might put their life at risk. Golisano Children's Hospital's free athlete screening program aims to detect these hidden risks before they cause harm. Healthy children ages 12 to 22 can receive a free EKG either at a Lee Health testing facility or on site at their school or public event. When a sudden cardiac event does happen, having the rescue plan and devices in place can mean the difference between life or death. Over the past two years

through collaboration with Lee County schools and Project Adam, middle schools throughout the county now have automatic external defibrillators to treat a life threatening, sudden cardiac arrest at the school.

As the region grows, the Congenital and Pediatric Heart Center at Golisano Children's Hospital is growing. Whether it's a 1-month-old encountering a critical arrhythmia, or the unborn fetus with complex congenital heart disease, or the teenager facing adulthood and how to navigate college, work with a congenital heart defect, our program is here to support them in their path. 举

Trust Company Adds Board Member

Company, said "Brian's extensive

background as a leader in the insurance

rian Johnson of Naples has ioined the board of directors of The Sanibel Captiva Trust Company and the holding company, SanCap Group, Inc.

S. Albert D. Hanser, founder and chairman of The Sanibel Captiva Trust



Brian Johnson

industry is a tremendous asset to us on the board." Johnson spent 35 years with international insurance broker Willis and its predecessors starting as an employee benefit consultant and actuary for corporate retirement programs. He then moved into executive management, retiring as president and chief executive officer of Willis North America, Inc.

Johnson also served on the board of First National Bank in Wichita and on the Board of USI in Valhalla, New York, an insurance brokerage and consulting firm with 7,000 employees, where he chaired its compensation committee. He has served as chairman of the Wichita Area Chamber of Commerce, board member and treasurer of Moorings Country Club in Naples, and vice chairman of Habitat for Humanity of the Roaring Fork Valley in Colorado. He presently serves as president of the Grey Oaks Property Owners Association in Naples.

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Beautifulife:

Love Power



by Kay Casperson

can't think of anything more Limportant in life than to love without boundaries and to accept love with open arms. There are certain times or circumstances in our lives that can leave us questioning

how love could end up in a way that leaves us vulnerable, disappointed, or downright hurt. But, the truth is, that no matter what our love experiences are along the way, we must never stop striving for the love that lasts, is real and conquers all fears.

As we celebrate another Valentine's week, let's try to remember that love is a gift that we give to ourselves every day and to others whenever we can. The more love you give, the more love and fulfillment you get. Don't wait for someone to say, I love you because, although it is something we should all hear regularly, it is not always there when we need it.

I am such a huge fan of affirmations daily and affirming to yourself that you are loved, strong, beautiful and well. The reason behind that is, we cannot wait for others to give us those words. If we do. we may wait for too long, and it might be a bit too late.

I encourage you to reach out to those around you that might not have someone near to them to say I love you or I appreciate you. Give a hug, a kind word, a thoughtful gesture, or anything you can to show love to those who need

The power of love will overshadow even the darkest and loneliest moments in life. More people should stop to take the time to pay attention to those that need to be loved and to feel love instead of passing right by and worrying about their day-to-day situations.

You might be the only love that a person gets to experience at that moment, and they might really need it at that time. I believe we are all here for a purpose, and each and every situation in life presents itself because it ultimately leads you to your final destination.

Yes, Love Power is real, it is lasting, and it is a vital part of living your most balanced and beautiful life. It is the fuel that keeps burning within, no matter what is happening around you. Love will never fail, love will never die and love will heal the heart.

My affirmation for you this week is: "I will love without boundaries and will accept love with open arms."

Kay Ċasperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.☆

Doctor and Dietician

February: It's All About Love





by Ross Hauser, MD and Marion Hauser, MS, RD

ebruary is the month of love, a time for remembering Valentine's Day and remembering love. We think of Valentine's Day as a day of roses, chocolates, cards and lovely dinners shared with those we love. But we all know that love is far more than just celebrating one day per year and sending those types of gifts.

Each morning, we like to listen to the Daily Hope, an inspirational message by Pastor Rick Warren. He is currently doing a series on love. He shared the other day that learning to love God and love others is our highest goal and purpose here on earth. It's not about gaining "stuff" or "fame" but sharing true relationships with people. We could not agree more.

One of the things that we love about Southwest Florida is the wide array opportunities available to connect with other people. We would venture to say that some of our most fulfilling times have been those shared with our "tribe" where we made a meal together or just hung out or watched a sunset or took a bike ride. Spending time together feeds the "love tank!"

The act of loving actually improves your heart health as well. People who spend time with those they love will see a lowering of blood pressure, as well as an improvement in heart rate variability – a strong predictor of overall health - because seeing those you love can actually make your heart go pitter patter, not just releasing happy hormones such as dopamine,

adrenaline and norepinephrine, but making your heart beat stronger and

Did you know that love-inspired activities also strengthen your overall wellness and improve your longevity? Hugs and warm embraces, for example, release oxytocin, a feel-good hormone, which has the power to reduce stress hormones and lower blood pressure. Laughing, smiling and positive attitudes improve one's outlook on life and protect against cardiovascular disease. Feeling joy, happiness, enthusiasm and contentment all improve by having love in your life.

Let's get out there and share some love - not just to those close to you, but with new people too.P Give a smile or a hug today!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.☆

Grief Support Group Meetings

anibel Community Church is offering GriefShare sessions on Tuesdays through March 31 in the main sanctuary. They are open to everyone who has lost a loved. The program features a video, book, discussion and support. Refreshments will be served.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-



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a.m. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Qigong – Friday, February 21 from 1

QiGong is a series of non-strenuous techniques and movements that focuses breathing, activates the body's internal energy, fosters relaxation, clears the "monkey mind" and helps to reduce stress. When combined, these techniques lead to a meditation that generates a peaceful presence and an overall "good to be alive" feeling. Non-skid shoes are

required. Paul Lawrence is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga - Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga - Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel. 数



Five Natural Strategies For Uterine Fibroids

by Suzy Cohen, RPh

ear Readers: Uterine fibroids are benign cysts that can grow inside or outside of a woman's womb, termed the uterus. There are many articles that address a pre-menopausal woman's risk of

fibroids, but not as many for postmenopausal women. Hysterectomy does not have to be your future. Living with the bloat doesn't have to be your future either!

Most women can live their whole life with little fibroids and not experience any problems, and maybe not even realize they even have them. But fibroids can grow rapidly and cause a lot of lower pelvic pain, even radiating into the groin or leg. When large enough, the abdomen will swell or bloat causing you to want to wear stretchy pants, and possibly have to empty your bladder more frequently. Constipation is pretty common with fibroids.

In some cases, if the fibroid is large enough, it may actually cause tremendous discomfort and difficulty walking, sleeping or bending. In an older woman, I think it's the pain that drives a woman into the

OB/GYN office, to find out what's going on. Contrarily, a woman who is younger and still cycling may have symptoms such as heavy bleeding, subsequent anemia, fatigue, infertility and, of course, pain including dysorgasmia.

I'd like to offer you some natural strategies to help you try to shrink these, because so often the first thing offered is surgery. While that may be necessary in some cases, I'm a holistic-thinking pharmacist, and I believe there are lifechanging natural strategies that are worth a try. Talk to your physician about the following ideas. In the order of importance:

1. Discontinue all hormones that you're taking – Many post-menopausal women are supported on hormones, which may be fueling the fibroid growth in an older woman. It's the estrogen (estradiol) that could be the specific problem.

2. Sulforaphane – Sulforaphane is a dietary supplement that is basically a broccoli extract. It is used to support Phase Il liver detoxification enzymes that break down estrogen properly. Sulforaphane supplements help to restore proper estrogen receptor gene expression, and interfere with tumor growth. DIM is another supplement that may help control estrogen.

3. Iodine – We assume iodine deficiency as one reason for hypothyroidism, but iodine deficiency is also strongly associated with lumpy breasts (ie fibrocystic breasts) as well as uterine fibroids. Iodine may be useful in preventing further growth of a fibroid.

4. Turmeric – Turmeric spice has been studied for its ability to shrink uterine fibroids, by binding to and activating

PPAR-gamma and that in turn, shrinks a fibroid tumor/growth. Curcumin is a stronger, standardized extract of turmeric

spice.
5. Matcha Tea or Epigallocatechin-3-gallate (EGCG) Supplements - In test tube and animal studies, cells treated with EGCG grew far more slowly and were noticeably smaller within days.

I have a longer version of this article with more natural strategies. I will email

it to you once you've signed up for free my online newsletter at www.suzvcohen. com. That article includes a recipe for an essential oil blend that you can apply externally for additional comfort.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am a junior in college, and I have struggled with confusing lust and love. I have been hurt by partners because I thought it was love, and it was only lust on their part. Are there signs

to look for?

A: There are signs of both love and lust. The first thing to be aware of when seeing someone new is to take time to really get to know them. It's both exciting and scary at the same time to give your heart to someone. One's true colors eventually come out, and you will be able to distinguish the difference.

In the meantime, remember that you deserve to be treated with honor and

respect from any partner. Anything less is unacceptable. You want to pay attention from the get-go rather than seeing only what you want to see.

The signs of lust range from the main focus being on the physical looks to primary interest being on sex.

People in love want to take time to get to know one another. People in lust may think they are friends but they are not.

When you want to spend quality time together and you have great conversation in learning about one another, you are learning about love.

Your intuition is comfortable and you feel the hunch to more forward.

You have a desire to listen to each other, and you are both motivated to be your best selves.

You want to be involved in each other's lives. It's a mutual knowing that involves trust and honesty on both parts.

Constance Clancy, EdD, LMHC LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or

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ABWA - American Business Women's Assoc http://abwasanibelcaptiva.org
American Legion Post 123
Angel Flight SE
Audubon of SWFL https://www.audubonswfl.org
Audubon Society
CHR Community Housing & Resources
Community Foundation of Sanibel-Captiva
COTI Committee of the Islands coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife 472-3644
Democratic Club of the Islands Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 984-5920
FISH OF SANCAP Neighbors Helping Neighbors
FISH. OF SANCAP 24-hr service
Sanibel Island Fishing Club
Horticultural Society of the Islands
Horticulture and Tea Society of Sanibel and Captiva
League of Women Voters sanibelLWV@gmail.com Lions Club, Jeff MacDonald302-521-1158
Master Gardeners of the Islands
MOAA - Military Officers Assc. of America, Alex MacKenzie 395-9232
Newcomers
Notre Dame Club of Southwest Florida
Optimist Club
PAWS - Protection of Animal Welfare Society
Rotary Club
Sanibel Bike Clubsanibelbicycleclub.org
Sanibel Beautification Inc
Sanibel-Captiva Orchid Society
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Shell Islands Garden Club
United Way of Lee County
United way 211 Helpline 24 nour
ISLAND ATTRACTIONS
Bailey-Matthews National Shell Museum
JN "Ding" Darling National Wildlife Refuge
Sanibel Historical Museum & Village
SCCF Sanibel-Captiva Conservation Foundation

To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Latte And Tucker



Latte ID# A805186

ebruary is National Black Dog Syndrome Awareness Month. Did you know black dogs are overlooked more than any other dogs in shelters? I'm sure you are looking at my picture and wondering how that is possible. Hi, my name is Latte. I am a 7-year-old female labrador retriever mix who wonders the same thing. The vounteers at LCDAS think I am wonderful. I am affectionate, well-mannered, even-tempered, and I match everything!

My adoption fee is \$25.

Hello, my name is Tucker. I am a 5-year-old male domestic shorthair who is the perfect feline to represent our Give Love promotion because that is all I am looking to do - give you my love. I am one of the most affectionate cats you will find. I love to give head bumps and my favorite place to be is wherever you are - what more could you ask for in the perfect Valentine?

My adoption fee is \$25. You can adopt me and



Tucker ID# A808220

get a feline friend at no additional charge

Lee County Animal Services kicks off "Give Love" promotion with adoption discounts. Take a departure from the traditional roses and chocolates and give love this year by adopting a furry Valentine from Lee County Animal Services. From February 1 through February 29, all adoptions of adult dogs and cats will be just \$25 with an approved adoption application.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or

call 533-7387.☼

Haven on Earth Animal League

EVe

i There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house - but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo. com.☆



Eve

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PUZZLES

Super Crossword

RISING TO THE DEBATE

92 Deliver news 38 Skyscraper **ACROSS** 48 Riddle. 3 Shoot forth 83 California's 1 While away part 3 about 4 Male heirs beam - Vallev **84** TDs, e.g. **51** With 57the hours 94 Capacious 5 "Tsk!" 39 Many an app 6 "Semi-" suffix 40 Anguish 9 Amorphous, Across, 95 One of 86 Fortitude Jupiter's 7 Get together 44 Actor Gibson sunken-into descent 87 — -bitsv seats before moons 8 Road twists 45 Had supper 88 Looking up 17 Book divs. 96 Rare Italian pulling a rip 9 Male sib 46 Sainted 89 Attend 20 Adopts, as a cord violins 10 Always, to 90 Imminent pope 47 FDR follower belief 52 Chilean 97 Trial run bards 91 Lard holders 21 Do a new cheer 98 Watched 11 Astern 49 Hit the links 92 Seminal 53 Praise 12 Feature of a kids for cash 50 Boxing punk band lavout of 93 Distin-22 Marina del publicly 99 End of the perfect ball punch - California 54 Margarita 55 i ondon lav auished riddle game 97 Feared fly **56** 16 eighths 23 Start of a 104 Tip jar bills 13 Audacious glass liner 57 See 51riddle 105 Mimicker 14 Just slightly 58 Tummv "six-98 Luxurv 25 Musician Across 106 "- There 15 Slender fish pack" watch Yoko **60** 1990s Was You" 16 Hog home 59 Actor Marvin company 107 — ghanouj 26 Fixes a Philippine 17 Certain liquid 60 Interstate **100** Vows 111 Poetry Out 101 In a tizzy seam, say president fuel stop 62 Ad entreaty Loud org. container 61 Pal, in Calais 102 Dol. served with 64 ET of TV 112 Riddle's 18 High-tech 62 Earlier divisions 103 Quotes **63** "No — do!" 67 Riddle. answer scones map **119** Wind up 28 Suffix with part 4 subjects 64 Rock blaster 107 Farm 71 "Rock and 19 Natalie final or solo 120 Tendency to 65 Mauna building 29 Heroic 108 Cruising Roll. stick Portman's **66** Bia Hoochie —" together childhood magazine 109 South poetry 30 Riddle, **72** Gel **121** "Casino home on pitches African alternative Long Island 68 Suze with part 2 Royale" Dutch . 7-Eleven financial tips 110 Actress 74 Bow rub-on Bond girl 24 "Bali —' drink 75 "- Cassius player 29 Most tense 69 Stir up, as Faris silt 112 "- bin ein 41 Isn't on has a lean 122 Rds. 30 Twist and hungry 123 Outburst of 31 Skin cream 70 NASDAQ Berliner" target 42 Contract look": Julius wild emotion brand 113 Nerf ball, 124 Tokyo "ta-ta" 32 Ensnares 73 Polishes inker, e.g. Caesar e.g. 77 — Sunday 114 Make public 43 "Stones for 33 Cookie giant 76 Bride's 115 "- will not!" -" (1988 78 Let out DOWN 34 Lead singer belongings 78 Green start? 116 Genetic ID film) 1 Sunday 35 Beginning on 79 Xenon, e.a. 81 Fesses (up) 36 Have supper 79 Big Red, e.g. 117 Actor Liotta 44 San seats 85 Riddle. 2 Court champ 37 Son of Willy 118 Swelled California 80 Poet Lowell 46 Most fake part 5 "— calling?" Arthur Loman head 11 12 13 15 16 18 22 20 21 23 25 26 28 33 39 42 43 45 44 48 49 51 52 53 54 65 66 68 72 75 81 83 93 95 94 96 99 100 101 102 103 104 105 106 107 |108 |109 |110 111 112 113 114 | 115 | 116 117 118 119 120 121 122 123 124

King Crossword **ACROSS** 1 Move like molasses 5 High card 15 16 Judicial garment 18 119 12 Place for 20 21 22 sports reporters 14 Vivacity 15 Aware 28 16 Flex 32 17 Do sums 18 Kindle downloads 20 Sew loosely 37 38 39 23 Liveliness, in 44 45 music 24 Wheelbase 47 48 terminus 25 Obama's old title 28 - de Janeiro 8 Start the PC 31 Coloring sample 48 One of three 29 Hawaiian up again agent 9 Bread spread 33 Idea rulers dances 49 Paradise 10 Savings insti-34 Gas bill units 30 Deity 32 Dakar's coun- 50 Tree fluid tution 36 Command-51 Harmonization 11 Make - meet ment starter trv 34 Salver 13 Faction 37 Commanded 35 Bacchanalian DOWN 19 Preiudice 38 On the rocks 1 Wife of Saturn 20 Tavern blast 39 Chess or 36 Yonder 2 Raw rock checkers 21 Line of sym-3 Buddhist sect 40 Use scissors 37 Hallux, more metry

- gin fizz

23 Stop, at sea

26 Shrek is one

29 Medal earner

25 Hints at

27 Bellow

43 Historic time

44 Wall climber

Recent

Untrue

Thunder

Hundred

Indeed

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Minimum

45 Can metal

46 Joan of —

4 Mansion and 22

its surround-

ings 5 Sleeping

7 Outer

6 Opposed

commonly

"Superfood

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MOTHER K. W.
3
Bot Schwetz

"It's going to be tough getting through his

Answer on page 39B

SCRAMBLERS Solid **NEEDS** Novelty **FILTER** Soft LEGENT Flood **TRENTOR TODAY'S WORD**

	4		8				7	
6			4	3		5		
		2			1			3
8			7			2	3	
		9			6	8		
	7			9				6
2			5				1	
	3	4			7	9		
	1			8				5

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 39B

BY **HOCUS-FOCUS HENRY BOLTINOFF**

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



shorter. 4. Door window is lower. 5. Footprint is missing. 6. Bow is added. Differences: 1. Apron is longer. 2. Earmuffs are removed. 3. Fence is

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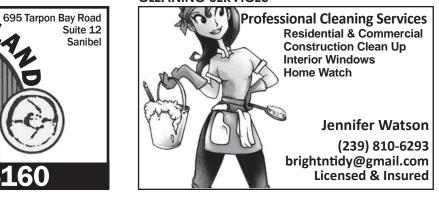
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My Stars ★★★★

FOR WEEK OF FEBRUARY 17, 2020

Aries (March 21 to April 19) Your natural Arian leadership qualities make you the person others will follow in tackling that important project. But don't get so involved in the work that you neglect your personal life.

Taurus (April 20 to May 20) Aspects favor sorting through your possessions, both at work and at home, to start giving away what you don't use, don't need or don't like. Relax later with someone

Gemini (May 21 to June 20) The issues are not guite as clear as they should be. That's why you need to avoid getting involved in disputes between colleagues at work or between relatives or personal friends.

Cancer (June 21 to July 22) You'll get lots of support from others if you own up to your mistake quickly and include a full and honest explanation. Learn from this experience so that you don't repeat it.

Leo (July 23 to August 22) There might be some early confusion over a major move, whether it's at work or at home. But once you get a full breakdown of what it entails, it should be easier to deal with. Good luck.

Virgo (August 23 to September 22) Creating order out of chaos, even in the most untidy spaces, should be no problem for organized Virgos. So go ahead and do it, and then accept praise from impressed colleagues.

Libra (September 23 to October 22) Whether it's for business purposes or just for leisure, a trip might be just what you need right now. You would benefit both from a change of scenery and from meeting new people.

Scorpio (October 23 to November

21) While things generally go well this week, a romantic situation seems to have stalled. But you can restart it if you want to. Then again, maybe this is a chance to reassess the situation.

Sagittarius (November 22 to December 21) A meeting that was promised quite a while back could finally happen. So be sure you're prepared with everything you'll need to make your case sound convincing and doable.

Capricorn (December 22 to January 19) A workplace blunder could create a problem down the line unless you deal

continued on page 39

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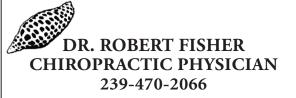


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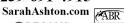
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VIRGIN ISLANDS DIVISION OF ST. THOMAS AND ST. JOHN FRENCHMANS COVE CONDOMINIUM OWNERS' ASSOCIATION, Plaintiff vs. RICHARD O. CHILDRESS and TERRI A. CHILDRESS, Defendants. ST - 19 - CV 129

SUMMONS

To:Terri A.. Childress 12581 Equestrian Circle Apt. 1001 Fort Myers, Florida 33907

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to a complaint filed against you in this action and in case of your failure to appear or answer, judgment by default will be taken against you as demanded in the Complaint, for DEBT, FORECLOSURE OF LIEN AND BREACH OF CONTRACT.

Witness my hand and the Seal of this Court this 10th day of January, 2020. ESTRELLA H. GEORGE Clerk of the Court By:Donavan Donovan Deputy Clerk

By: Matthew J. Duensing, Esq. Attorney for Plaintiff, Frenchman's Cove Condominium Owners' Association, Inc. Law Offices of Duensing & Casner 9800 Buccaneer Mall, Bldg. 2, Suite 9 P.O. Box 6785 St. Thomas, Virgin Islands 00804

NOTE: This defendant, if served

personally, is required to file his answer or other defenses with the Clerk of this Court, and to serve a copy thereof upon the plaintiff's attorney within twenty one (21) days after service of this summons, excluding the date of service. The defendant, if served by publication or by personal service outside of the jurisdiction, is required to file his answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the plaintiff within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction.

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From page 37

My Stars

with it right now to see how and why it happened. Don't be surprised at what you might learn.

Aquarius (January 20 to February 18) This is a good time to re-sort your priorities and see if adjustments are called for. Be honest with yourself as you decide what to keep, what to discard and what to change.

Pisces (February 19 to March 20) Letting yourself be bathed in the outpouring of love and support from those who care for you will help you get through a difficult period sooner rather than later. Good luck.

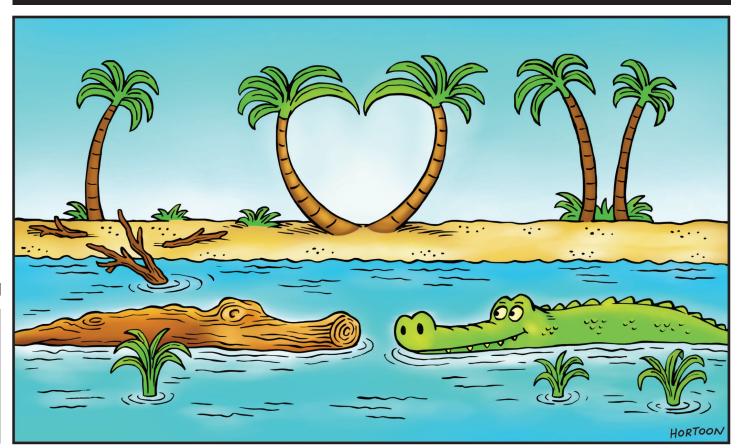
Born This Week: You have an uncanny gift for reaching out to all people and creating bridges of understanding among them.

SCRAMBLERS

1. Dense; 2. Trifle; 3. Gentle; 4. Torrent Today's Word

DEFENSE

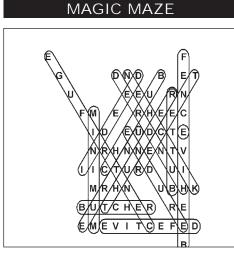
HORTOONS



PUZZLE ANSWERS



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3	7	5	2	9	8	1	4	6		
2	9	8	5	6	3	7	1	4		
5	3	4	1	2	7	9	6	8		
7	1	6	9	8	4	3	2	5		

Top 10 Real Estate Sales

<u> </u>			<u></u>			
Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Isles	Sanibel	2018	4,530	\$4,395,000	\$3,950,000	127
Bay Woods	Bonita Springs	2015	4,207	\$3,495,000	\$3,200,000	43
Tuscany Isle	Bonita Springs	2006	5,992	\$2,495,000	\$2,100,000	40
Summerfield	Estero	2001	3,358	\$1,249,900	\$1,100,000	117
Willow Walk	Estero	2002	3,618	\$1,199,000	\$1,135,000	33
Beachview Country Club Estates	Sanibel	1999	2,980	\$1,074,900	\$1,056,000	3
Herons Landings I	Sanibel	2001	2,820	\$975,000	\$955,000	49
Banyan Cove	Estero	2004	3,127	\$899,900	\$850,000	438
Wildcat Run	Estero	1996	3,063	\$895,000	\$836,000	0
Palm Acres	Fort Myers	2009	3,036	\$799,900	\$770,000	33



If cards, flowers, chocolates weren't enough, betcha buying your island lover one of these works



1238 Isabel Dr in Sanibel Harbours Stunning just-remodeled bay-front pool home plus lot with dock/lift. \$3,595,000



842 Limpet Dr in Shell Harbor Easy-living & like new inside-&-out top-tobottom. Boating, beach, pool. \$1,995,000



Gulfside Place #222, 1605 Middle Gulf Dr Newly-remodeled beach-facing residential condo in private stand-alone tier. \$1,297,000



Tarpon Beach #207, 2475 West Gulf Dr Top-floor end-unit with high ceilings, side windows, new kitchen & baths. \$1,099,000



Sandalfoot #2D2, 671 East Gulf Dr 2nd floor remodeled end-unit 2 bedroom. This view. Easy-on site rentals. \$699,000



Lighthouse Point #211, 200 Periwinkle Way Peeks of bay at 2nd floor end-unit 2 bedroom with den. Covered parking below. \$599,000



9448 Begonia Ct in Gumbo Limbo Easy 1-level living home with amazing lake views & cul-de-sac privacy. \$549,000



1894 Farm Trail in Island Woods Lot in community of new olde-Florida-style homes. Shared pool & tennis. \$249,000



4566 Buck Key Rd in Sanibel Bayous Lowest-priced near-beach lot on Sanibel. Build an island home here. \$149,000



Susan Andrews Realtor®, Broker. Owner, C2EX®, e-Pro®, Eco-Broker®, RSPS®, SCIS, TRC



David Anderson Realtor®, Closing Coordinator, Office Manager



Lisa Murtv Realtor®, Sales **Associate**



Elise Carnes Licensed Assistant, Listing Coordinator, **Notary**

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